

# **WISDOM**

**NIBBHANA**

**LIBERATION OF THE MIND - 01**

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Rev. Chandrapradeepa Thero  
Galle - Sri Lanka.

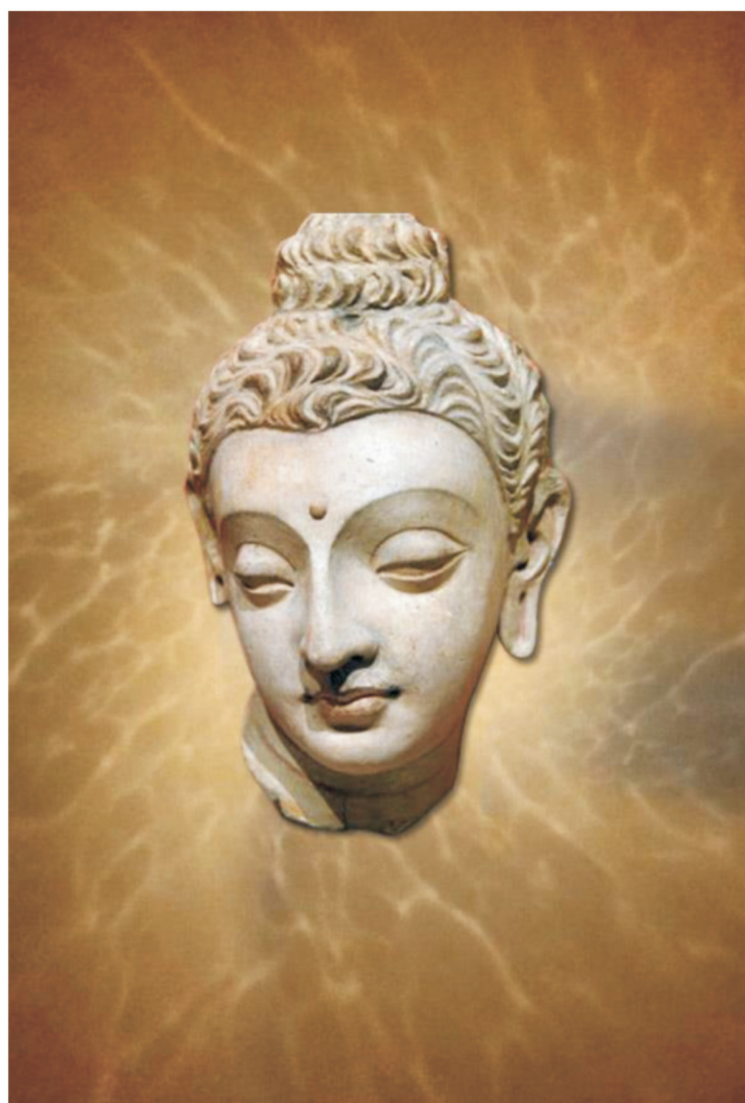
# SCIENCE OF THE BUDDHISM

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Rev. Galle Chandrapradeepa Thero.

Galle - Sri Lanka.



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## **References**

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2. Some Great sayings quoted from the book “BUDDHISM in the Eyes of Intellectuals” by Ven. K. Sri Dhammananda

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## **- THE BUDDHA HOOD -**

The illusion - sense desires and aversion, that should be totally eradicated, O, Brahmin, I did so.

The wisdom, moral conduction and mindfulness, that should be perfectly enlightened, O, Brahmin, I did so.

I have totally eradicated all the sense desires.

Therefore, I am not a God, Gandhabba (divine musician), or Yakkha.

If I am a God, Gandhabba, or Yakkha, I must have the sense desires.

The ultimate truth that should be comprehended, O, Brahmin, I attained the supreme enlightenment.

I am not attach to the world.

I am a superior human being who has destroyed all the weaknesses of ordinary human beings.

O, Brahmin, the best way of introducing myself in short, is “Buddha”.

**Gauthama, The Buddha**

*The Greatest Endeavoring ~~~~~*

*Removing shadows of*

*Mythical ~~~~~*

*Darkened by the Ignorance ~~~~~*

*You to see as you really are ~~~~~*

*And*

*Retire*

*From the world of*

*Illusion ~~~~~*

## **PREFACE**

Those who are unwise miscomprehended the path of enlightenment, the scientific spiritual qualities as they originally are cause them for entangle and trap to the web of illusion through re-linking process of spiritual.

In these respects, the scientific and spiritual qualities which are categorized naturally to make sure that all of the wise are able to get free from the trap of the ignorance abandoning myths and gaining the wisdom to see the world and them as they scientifically are.

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(2019-01-30)

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***LIBERATE THE MIND; ESCHEW BLIND – FAITH***

*Yes kalamas, you may well doubt,  
you may well waver.  
In a doubtful matter wavering does arise.*

*Now look you, kalamas.  
Be ye not misled by report,  
or tradition or hearsay.  
Be not misled by proficiency in the collection  
nor by mere logic or inference,  
nor after reflection on and approval of some theory,  
nor because it fits becoming,  
nor out of respect for a recluse (who holds it).  
But, kalamas, when you know for yourselves.  
These things are profitable,  
these things are blameworthy,  
these things are censured by the intelligent;  
these things when performed and undertaken,  
conduce to loss and sorrow,  
then indeed do ye reject them, kalamas.*

**Gutama, the Buddha  
(kalama sutta Discourse)**

# **WISDOM 01**

## **1.1 INTRODUCTION**

The truth of the existence of the world is wisdom the highest spiritual power of sense feeling of the mind, beyond the worldly range of the senses of the ordinary people who are following the path of illusion. The wisdom is the subject that extremely profound comprehension of the world and universe the unseen spiritual science of the scientific process of the existence of the living beings, how to originate and exists according to the laws of the nature. The wisdom is the science of the nature of the world and universe, the scientific qualities of the biological existence. Universal comprehension of the wisdom is the greatest and most valuable religious treasure preached by the supreme Buddha only in favor of the wise, who wish to attain the liberation of the mind.

All the components materials, the human, animal and plants formulated according to the existence process of cause and effect qualities of the nature. The scientific coordination between the power of Electrostatics and materials cause for the effect of Human and Animal but are not formulated by any interference with Gods, Brahman or unseen creators. In this scientific contest, universal Electrostatics power of mind and its elements of materials coordinated between them to approach this endeavor

producing the life of the human, animal and plants of the biological world.

Those who have courageously and wisely followed the progress of the path and its fruition throughout the transmigration during the long period of time by developing moral conduction, mindfulness and wisdom, are the results as referred to above the highest comprehension of the world than other comprehension of the world.

The Eight-Fold path directs to the position of Buddhahood the greatest and powerful range of the highest spiritual knowledge that beyond the worldly process of comprehension, among the human beings with the greatest qualities of mankind. This is the only spiritual path of the world according to the final result of the path progress of the spiritual psychic insight of the wisdom. The superiority knowledge of the scientific comprehension of the wisdom is the clairvoyant power of the spiritual experience of the supreme Buddha. Those who follow the worldly visions that are limited knowledge of five organs of the physical body, unable to surpass the supreme Buddha and His subtle and extremely profound teachings preached to the world as they scientifically are.

Those who wanted to be attain the fulfillment of the scientific process of the world and universe should get rid

of all of the worldly properties which are full of defilements and blemishes dominated through illusion. The unwholesome effect of the spiritual power of the human being such as lust, anger, enmity, illusion, self-vision, selfish, egotism, pride, hatred, soul-vision, immoral, envy, melancholy, fanaticism, mythical visions, dilution, violence, jealousy, believing, ignorance, conceit, superstitions, mythological disguises, mythical fables, dogmas, demerits and theology, making the path of the world to the greatest destruction of the spirituality of the humankind.

The defilements, which are cultivated those who are in the worldly process referred to above should not be followed but the Noble Eight fold path the spiritual path, that of with the greatest properties of whole mankind, the constructive effect of the spiritual power of wholesome characters such as gentleness, generosity, serenity, peace, patience, freedom and concentration, compassion, happiness, altruistic-joy, loving-kindness, profound sympathy, equanimity, forbearance, higher morality, higher mentality, calm and insight - wisdom which are the greatest spiritual qualities of the humanity.

Those who wish and try to gain the power of clairvoyant, the abnormal range of the senses of the mental feelings, that should abide by to follow the above greatest of mankind to gain the psychic spiritual power of insight, the fulfillment

of the wisdom. This is the result of the greatest qualities of the Eight-Fold path which all of the wise are able to gain as the true scientific knowledge of the wisdom.

Those who are unwise following the path of illusion if they try to conquer, defeat, destroy and surpass the greatest power of the supreme Buddha and His superior teachings are trying to prove them as the greatest community of unwise of the world. Those who are expert in various subjects of the world and well educated by gaining the worldly knowledge as scientists, scholars, eminent, philosophers and intellectuals following the process of ordinary codes of materials welfare which is sensitive only to the physical contact. They never wish to gain the spiritual welfare and unable to gain the fulfilled perfection, the scientific comprehension of the world. As the people known, to the subjects of the science means experiments of the material welfare but not the welfare of the spirituality. The whole component materials and entire field of the world and universe formulated and guided by the power of Electrostatics force. Entire existence process and all of the component materials such as human, animal and plants also formulated and exist with the component power of Electrostatics.

According to the personal experience of psychic insight the scientific existence process of the world the supreme Buddha He who explained the spiritual science of the

existence of human and animal, the spiritual subject of the nature of the science consisted seventy-three (73), supra-mundane spiritual knowledge the divine power of the vision of omniscience.

Some of them are,

1. Supra-mundane knowledge - how to overcome the sensualities and canker of the existence of the illusion through insight.
2. The analytical knowledge of the meaning is the knowledge with regard to the senses.
3. The analytical knowledge with regard to the qualities of cause and effect.
4. The analytical knowledge of the coordination the law is the knowledge with regard to those former two things.
5. The divine eye, the supernatural power of mental feelings pertaining of the divine knowledge of seeing the unseeing existences.
6. The divine ear, the supernatural power of mental feelings pertaining of the divine knowledge of hearing the unhearing existences.

Nibbhana the cessation of the sufferings the deathless condition of the existence of the mind, the annihilation of the spiritual process of contact of the mind and matter which is entirely freed from the perceptions of the mental and physical contacts. The subject of the spiritual science of the wisdom, the explanation about 31 zones of the

existence process are formulated according to the process of the power of Electrostatics formations in the universe including the way how to get out from the process delivered to the world as four Noble Truths. But other existences are subject to exist only with the spiritual qualities of the mentalformation, as unseeing existences but it naturally exists as the spiritual Electrostatics formations without response to the physical organs of the human beings. They are all in 31 numbers as follow,

1. Gods, (six existences of happiness)
2. Brahman (20 existences of happiness)
3. Human world (one existence of happiness)
4. Nonhuman (ghost spirits) (one existence of miserable) (Ten zones)
5. Animal-beast (one existence of miserable).
6. Demy ghosts, Daemon (Titans, Evil-ghosts) (one existence of miserable) (five zones)
7. Hell (One existence of miserable) (136 zones)

The entire biological process of the scientific nature subjected to the science of the wisdom, the superiority teaching of the Enlightened One. In His supreme teaching of the doctrine of the wisdom in which the scientific explanation of the entire fundamental structure of the 31 planes of existences, how to originally coordinate its scientific qualities depending on the laws of nature, the science of the cause and effect the law of the existence.

The prehistorical period of the biological world, when living process of the Microbes active as unicellular organism such as paramecium, ameba, bacteria and virus they began their living process contacting only physical tangible with numerous kinds of sensation of the environment, without contacting physical organs such as eye, ear, nose and tongue. It is the primary living condition of the process of all the living creatures developed into the condition of multicellular organism with multi perceptions of five signs are formulated scientifically through the long period of several millions of years. All of the human beings had passed through the primary living period of their rebirth process without any break so far even today. The ordinary people are following the existence process without knowing their evaluation qualities how are they originally evaluated through the scientific process of evaluation.

Through the massive scientific progress of evaluation process of the physicalformations of the microbes had been developed equally its constructive effect of their mentalformations also in same degrees, converting them into the condition of multicellular organism, such as, warm, insect then reptiles, animals and finally human beings. By Passing through the long history more than several millions of years, the scientific evaluation process of the physicalformations and mentalformations of the living beings caused for the creation of the ultimate result of the human beings.

Explanation of all of these 31 planes of existence of the living being of their activities and functions were completely preached by the supreme Buddha with His personal experiences of the wisdom. Those who wanted to follow the process of the subject of the science of the nature is the wisdom, must follow the Eight-Fold path, leading to the extinction of suffering. Those who wish to attain the psychic insight comprehension they have to practice the Nobel path through the Right vision - Right conception - Right speech - Right conduction - Right livelihood - Right effortness - Right awareness and Right mindfulness. He who attained the path progress and fruition according to this Nobel path able to comprehend the scientific qualities of wisdom is called “Nobel one”.

The Eight Noble path is the only spiritual path of the world leading to the spiritual experience of the Arhanthood. No other alternative paths are available to research the universe and its scientific qualities to get free from the existence.

The scientific qualities of the world are formulated according to the laws of nature called “Doctrine” the evolution process of the living beings how to originate and exist. The nature of the world of the living beings actively exists between the process of birth and death (appearing and disappearing). The existence qualities of the living being exist without any break throughout these 31 existences of the world in the transmigration through the

scientific process of evolution. The different kinds of existing fields of 31 zones of the universe that various degrees of mental formations exist as living beings.

The doctrine of the eternal truths that preached by the Supreme Buddha is the Electrostatics existence process of the nature that exists with scientific qualities under the Electrostatics force. Any interference is not intermediated into this scientific process for the creation of the nature of these 31 existences. The following three chief elements are the substances and Electrostatics force which cause for the creation of the living beings, under ultimate power of sun and the moon. They are SOLID, LIQUID, HEAT (Electrostatics power), and GAS. These four elements actively pay their interference to create these living beings' uncountable long period of time since evaluation of the biological process of the world under laws of the nature. In addition to the sun and the moon power, other planets of the universe also emit their magnetic power of rays to the living beings to activate their mental and physical activities. This process of the existence powerfully depends on with the supremely active power of Electrostatics force. The scientific process of the biological world and function of the existence can be understood by following the contents of the wisdom preached by the supreme Buddha.

The main contest of the doctrine that the Supreme Buddha delivered to the world the wisdom is the necessary access

to the wise to understand the scientific cycle of rebirth and redeath of the living beings. Those who are able to get birth according to their mentalformations which are conditioned under power of illusion in their previous births, cause for to get new births through the scientific relinking process of rebirth. Every mental factors grasped mentally by the mental power through illusion and craving, cause for the effect of the process of rebirth of every living being.

The process of birth and death completely consist the scientific properties of the mentalformation that is specially formulated under constructive supreme types of Electrostatics power as the spiritual Electrostatics force through the physicalformation.

The mentalformations which are active in the mind power as memories and govern and protect and maintain the physicalformations of the living beings in their living process. These memories of the mentalformation have been stored under the power of rebirth as the spiritual Electrostatics power which causes the mind power to exists and get rebirth. The power of rebirth of the mentalformation causes the power of existence of the living beings. The power of mentalformation invisible like electric power - magnetic power - heat power - lightning power -gravity power. The mind power with the spiritual qualities of the rebirth process, the mentalformations naturally exist without any sensation to

the physical body organs and unable to detect and perceive easily their scientific structure based on with the power of spiritual Electrostatics force.

The supreme Buddha researched and analyzed how to generate the constructive power of spiritual power of the mind, how to prepare the physical formations for the new birth of the living beings through the process of rebirth according to the mental formations formulated in previous births and how to exist the spiritual power of Electrostatics as the spiritual power of rebirth of the living beings after their death in the universe during a long period of time and how to transfer from existence to existence after the death of the living beings through the power of rebirth. Various degrees of mental formations are created by the human and animal cause for their existences in the universe of 31 zones according to their merits and demerits. The existence process of the living beings depends on the power of mental formation formulated unwisely through illusion. There are 31 zones of existences exist in the universe make the opportunity to the living beings to exist their existence without any brake in uncountable period of time.

Those who wanted to achieve the enlightenment they must abandon their living works and their homes and become mendicant monk by wearing robes, begging alms-foods from home to home with an Iron bowl (alms bowls) in hands and herbal water for fasting time and jungle

hermitages far away from the villages to live in and practice mental disciplines the higher mentality and higher morality according to the high ordination precepts and ascetic rules of purification practices.

The ultimate Truth of the world which exists scientifically and spiritually that comprehended by the supreme Buddha as four Noble Truths. He advised the followers to follow the Eight-Fold path abandoning material welfare without least help of others. Those who wish to retire from the material world should attend the wisdom, the scientific spiritual process, the purification of the vision gained by insights knowledge with path- progress and path fruition. The liberation of the mind completely depends on confidence of supreme Buddha, doctrine the ultimate truths, the wisdom and community of high ordained monks.

### **The Buddha's Greatness**

*I cannot myself feel that either in the matter of wisdom or in the matter of virtue Christ stands quite as high as some other people known to history - I think I should put Buddha above him in those respects of the great religions of history, I prefer Buddhism, especially in its earliest forms, because it has had the smallest element of persecution.*

**Bertrand Russell,  
- Quoted from the book of -  
"Why I am not a Christian"**

## **1.2 HOW TO ACHIEVE THE LIBERATION OF THE MIND?**

The attainment of the Arahant hood is the result of the spiritual experience of the scientific process in the long period of one's life cycle developed through the deliverance the using welfare of the material world. In these respects, those who wish to be perfected one who will have to follow and practice too much difficulties and barriers to develop the moral conduction - mindfulness and wisdom. But those who courageous to take the necessary requirement for the achievement according to the doctrine of the supreme Buddha cause for the fulfillment with full of benefits. Whatsoever, the result of the attainment would depend on one's own wholesome properties formulated in his previous births experiences with meritorious activities, the donation - moral conduction and insight knowledge of the things based on.

The three wholesome properties as referred to above of the highest spiritual process of the mankind cause for the chief fundamentals of the liberation according to the Eight Noble path which should be developed practically. All of the living beings have to be under controlled by the nature of the laws and have to live limited period of life time according to the cause and effect process of the existence. The existence process which depends on the cause and effect qualities of the nature is the only result of the scientific evaluation process of the world, but not the

results of the creation by the unseen gods or Brahmans or any other creators. Those who conditioned material things as self or mine or my or I through the illusion approved by mentally cause for the process of rebirth following sense desires with hatred directing all of them have to suffer the suffering.

The supreme Buddha delivered the discourses of the scientific qualities of the existence the laws of the nature formulated scientifically as they originally are, after His great enlightenment. In these matters existence qualities of the world and universe explained through His personal experience of the wisdom. In these respects, He researched and analyzed mind and mental power which are formulated with the supreme qualities of Electrostatics perception force of the mind power. All who strive for the liberation should follow the constructive spiritual Electrostatics force of mental power and its scientific process, how to coordinate originally its perception properties and how to formulate their spiritual force for the process of rebirth.

The mind power is the highest spiritual force of all the living beings than other force of the world. The mind power and mental power both are coordinated the construction of physicalformation and mentalformation which are exist scientifically, Electrostatically and spiritually according to the qualities of cause and effect the laws of the nature. The variation of the existence depends

on the variation of the mentalformations of the living being cause for the 31 planes of existence to exist, dividing them into two kinds of existences as happy existences and unhappy existences. These 31 planes of existences are divided according to the various degrees of mentalformations formulated mentally through illusion and craving. These mentalformations formulated according to the mental process, the scientific qualities of five aggregate, stored and secured as memories, the source of the spiritual effect for the physicalformation due to active in the process of reproduction for the next births of the living beings after their death.

The material world which based on and exists with perceptions of sensual pleasure caused by the illusion and craving formulated through the spiritual process of mentality. The path that leads to the imaginary world of mentality for the process of existence causes for the illusion of the ordinary people. The path which is making the access for the rebirth of the law of the cause and effect of the nature directs the living beings not only for the existence process but also for the qualities of the suffering such as, decease, older ageing, decaying and death. This is the true nature the existence process of the living beings delivered to the ordinary by the supreme Buddha as four Noble Truths with the way how to get rid of it.

Some of the people with sufficient experiences of moral conduction and concentration of mindfulness, having

spiritual power by paying attention and understand the truth of the world according to their merits which have been prepared in previous births, cause for them to follow and abide by the rules and regulations of Eight-Fold path, developing moral conduction - mindfulness and wisdom.

Those who wish to gain the knowledge of wisdom will have to follow the Eight-Fold path and activities like alms giving - moral conduction - meditation. By practicing meritorious activities as referred to above cause for higher standard the path of wisdom for the valuable result of spiritual welfare. Most of the people who develop meritorious activities during their life time are eligible to gain the comprehension of the wisdom at the best of their own dedication with moral conduction.

The inner freedom seekers, who research the spiritual linkage between the life and the self, must improve and observe moral conduction strictly and gradually till gain the purification, leading to the mindfulness. As a result of above meritorious behavior everyone can achieve the final success, of “mindfulness” through insight meditation of the *Sathipattana*, the original discourse of the Supreme Buddha. All those who courageous to achieve the path progress and fruition must pay direct attention not harm to the codes of moral conduction, which they have to practice to improve their courage and determination to approach to the supreme state of comprehension of the wisdom. Those who try to follow the Eight-Fold path, leading to the true

global knowledge of wisdom and able to comprehend the Four Noble Truths, the scientific true nature as it originally is to achieve the correct destination for the final result of success.

One who wishes to attain the final goal must be courageous to follow moral conduction and mindfulness - through Buddha path of the wisdom. The doctrine of four Eternal Truths lead a person to be a priest directing to the achievement of wisdom under process of religious piety (pious hood) - moral conduction - paying attention of the doctrine and discussion about Eternal truths - Donation - (giving) - Wisdom (right vision). Those who follow above spiritual process make the access for higher mental capacity with psychic spiritual power to develop the path of liberation.

Those who follow the Eight Noble Path successfully cause for the result of path progress and fruition of the universal knowledge of comprehension of the spiritual scientific qualities of the science of the wisdom. The comprehension of the wisdom which is obtained through the Eight Fold path makes the access to the wise to liberate from the material world easily. In these respects, confidence of the supreme Buddha and His superiority teaching, the four Noble Truths cause for the fundamentals for the process of liberation to gain the fruitful result of the achievement. Then they are capable of defeating all of the suffering including death, decaying and deceases prevailing

throughout entire lifecycle of the living beings. All those who wish to attain the liberation should abide by to follow the rules and regulation of the supreme teachings of four Noble Truths, cause for them to destroy all of the blemishes which are prevented them from the process of liberation.

One's previous experiences of the spiritual life of the mentalformations that are organized and categorized through illusion with craving cause him to get a new birth according to merits and demerits. The power of rebirth depends on one's actions, speech and mentalformations which are governed and formulated and approved by mentally.

## **Buddha is for whole mankind**

*The Buddha is not a property of Buddhists only.*

*He is the property of whole mankind.*

*His teaching is common to everybody.*

*Every religion, which came into*

*existence after the Buddha,*

*has borrowed many good*

*ideas from the Buddha.*

## **A Non – Buddhist – Scholar**

### 1.3 ARE YOU ELIGIBLE FOR LIBERATION?

You must follow your scientific living qualities of your life by yourself and study the association between mentalformation of the mind power and the physical body how to constructive the sensation power of the feeling as the sense of the “self”. The existence process of the physicalformation and the mentalformation completely make the foundation for the process of rebirth. In these respects, no one can easy to research and comprehend one's own spiritual qualities formulated scientifically, Electrostatically and spiritually for the suffering in mentally and physically.

For the rapid development of the spiritual welfare, all should study and comprehend the spiritual process of the concentration and mindfulness how to lead them to the awareness of the mental process with the perception of the physical formations through the spiritual path of higher morality, higher mentality with higher insight knowledge of wisdom. This is the fundamental of the spiritual process, the liberation of the mind, completely leading to the condition of awareness of mindfulness, the *Sathipattana* discourse which is attributed to the Supreme Buddha Himself. The scientific qualities of the supreme reality of the existence associated and formulated for the process of rebirth of the living beings. The spiritual power of the existence completely depends on the qualities of the cause and effect that leading the living being to suffer the

sufferings that preached to the ordinary world with the way how to get rid of it by the supreme Buddha.

Without following the comprehension of the awareness of mindfulness (*sathipattana*) according to the Noble Eight-Fold path, no one can easy to get free from the suffering and comprehend about themselves too, as they really are. In these respects, those who wish and practice the path of liberation should study the process of breathing in and out, the inhale and exhale respiratory process to extend the concentration condition of the mind practically for the basic process, the fundamental of awareness of mindfulness.

If you can improve and develop the process of respiration in and out, the inner coordination qualities of body and the self as a result of this process mind agrees to you. Then you can easily make out the function of the mental formation, how to formulate scientifically under effect of constructive process of spiritual qualities. According to this process those who are able to follow the way of awareness, have to pay much attention to moderate their sensual attachment of the physical body so as to develop the higher morality and mentality. Those who are incapable for donation under their conduction are capable for lust (desire) - hate and live as the foolish. As a result of sensual lust, people are completely out of the “Truth”. Then they have to follow false vision of the world that depending on believing of gods, praying gods and

Brahman. They are the unwise of the world completely out of wisdom and unable to analyze the Noble Truths of the world, as they originally are and how to liberate them from the sorrow, pain and lamentation.

The process of wisdom the purity of worldly knowledge gained by the experience of Noble Eight-Fold path mainly depends on with the awareness of mindfulness (*Sathipattana*) built by the highest morality. According to the path progress and fruition of the path of liberation cause for the perfection of insight power of wisdom compulsorily depend on the development of the spiritual process of pious hood - (religious piety-confidence) - dedication (effortness) - awareness (alert) - mindfulness - (concentration) and wisdom. As a result of above spiritual process makes the path for the highest spiritual comprehension of wisdom, called him '**The Arahant**' (the perfected one).

The spiritual comprehension of the liberation completely depends on the science of the nature, the law of cause and effect qualities of the supreme knowledge of wisdom. All of the conditional things of the world sustain its own fragility through their three characteristics of

1. Impermanency - Every component material which are due to disintegrate and exists transiently under the process of cause and effect qualities- the true nature in all the created things exist between the

process of birth and death. (Appearance and disappearance - arising and passing away.)

2. Hardship - Sorrow and pain, distressing, unsatisfactoriness, worries, grief, stress, depression, hatred, anger, anxieties, lament, torment, suffering, death, decay - suffering effect of the mentality - the true nature of the physical and mental existence of all of the created thing such as human and animal living beings. (Non self - misery)
3. Non materials - non soul-non spiritual -soullessness (emptiness)-negation of the desires of all the living beings is the true nature, existence without the process of permanent ego. (non-ego-entity)

Those who are out of the Noble path they have to undergo above three characteristics compulsorily through the cycle of rebirth and redeath. The perfected one (wise) has completely understood the scientific process of the mental liberation which is cause for the process of rebirth.

Those who wish to be awaken for the supreme reality, the comprehension of the process of one's own living style as it scientifically is should follow as

- \* Listen to the consisted Doctrine of Eternal Truths (perfection the welfare of spiritual life)
- \* Thinking about the Doctrine of ultimate reality (contemplation the true nature as it originally is).

- \* Meditation power of mindfulness (Emptiness state of mind -extinction process of mentalformation - awareness of mindfulness- *Sathipattana* mediatory power of wisdom).

Those who are in the way of lay folk, unable to follow the spiritual path without understanding the necessity know how to liberate from the existence, indeed living under the miserable - unfortunate life cycle throughout the wheel of their life in transmigration. But those who follow wisdom can easily get rid of the qualities of the mind with religious confidence obtaining the wisdom and cross over the existence qualities of mind that is plentiful of sorrow - pain - illusion - death - decay- lament - diseases including mental and physical pressures.

The fundamentals of the liberation of the Eight Noble path primarily depend on and begin with moral conduction of observing five precepts. After entering to the monkhood, he has to follow and abide by the highest morality by following novice ten precepts, higher ordination precepts and “Duthanga” thirteen (13) moral conductions of Ascetic rules of purification practices (the austere practices.)

The existence process of the true nature preached to the world by the supreme Buddha mainly has expressed about the Doctrine the structure of the scientific nature of the world how to originate and exist. The world and universal

existence depend on the “cause and effect qualities of the nature (Without a cause no an effect available). The supreme wisdom expresses its fundamentals that every cause either mental or physical has its effect. The supreme Buddha analyzed and explained it through His personal experience of wisdom that craving cause for the mind to exist. So, the existence qualities of the mind are the main cause for the existence of the suffering.

According to the moral conduction, pious hood and consciousness (awareness) make the access to the mind to liberate from the existence. The power of awareness can be established, through the process of “*Sathipattana*”. This is the only way for the awareness of mindfulness, leading path to the attainment of purity of visions and extinction of sorrow, pain, lamentation and grief in mentally and physically. By entering into the Noble path practicing the four foundation steps for the purification depend on with contemplation the physical body to analyze and divide into its materials things and power of Electrostatics as they originally are and the function of the senses of feeling and the mind and mind-objects and finally make the access to acquire the supra-mundane comprehension and psychic insight knowledge of wisdom through the process of *sathipattana*.

The path progress and fruition completely depend on pioushood (confidence), moral conduction, and doctrine about four Noble Truths. Awareness and mindfulness of

the highest morality base on for the process of wisdom which should be developed by abandoning all of the sense desires by completely getting out from the laity life, becoming to the Eight Fold path to follow.

## **Embodiment of Virtues**

*Buddha was the embodiment of all the virtues he preached. During his successful and eventful ministry of 45 years he translated all his words into action; and in no place did he give vent to any human frailty, or any base passion. The Buddha's moral code is the most perfect which the world has ever known.*

**Prof. Max Muller,  
German Scholar**

### **1.4 HOW TO FOLLOW THE WAY OF LIBERATION?**

The greatest scientific religion of the world the Buddhism is originally sustained by the community of wise who have followed and practiced its disciplinary codes of morality and mentality, rules and regulation properly formulated by the supreme Buddha. All disciplinary actions relating to monks the codes of moral conduction of the Eight Noble Path is the life-span of the Buddhism. The community of wise throughout the world

intend to comprehend and attend the scientific knowledge of the wisdom, they should follow the scientific teaching of the supreme Buddha. In those respects, all of the wise are able to responsible to survive and illuminate the scientific existence of the ultimate truth of the world over the long period of time more than thousand years or so.

Those who wish to attend the liberation according to the superiority teachings of the supreme Buddha have to abandon all of the blemishes which ordinary people usually practice and should cultivate the merits through higher morality and higher mentality directing the path of spiritual welfare. In these respects, the realization of the supreme qualities of the nature of the wisdom coordinated with the scientific qualities of the existence that directing the worldly people to get free from the community of illusion. The matter of frailty, weakness of morals for character of the ordinary people for the comprehension of the Nobel truths due to lack of their comprehension of the scientific analyzation the laws of nature as they originally are.

The primary attempt for the liberation depends on with the confidence of the Supreme Buddha, doctrine and His followers who follow moral conduction properly and regularly. The highest morality and awareness of mindfulness can be achieved by practicing the higher morality and through higher mentality based on wisdom. The ordinary human beings believe and accept the world as a Heaven - and as the creation of Gods and as the power of

“self”. They are unable to attain the ultimate truth until abandon the misbelieving about the existence of the scientific nature. The ordinary people usually follow sensual pleasure limitlessly and repeatedly thinking the world as very valuable place and should live happily and luxuriously. The laity life cycle is depending on always on illusion and pleasing the physical body to the maximum level, without understanding the Ultimate Truth that the Supreme Buddha preached to the ordinary world is far from them.

The fundamentals of the scientific process of the existence completely coordinated and conditioned its Electrostatics power with elements of material according to the scientific law of the nature. All of the conditional things sustain with its own secondary effect of Electrostatics force as the spiritual Electrostatic force of the constructive power of the mental power that cause for the source and the power of the process of rebirth. All of the living beings usually prominent of their constructive power as mental power, conditioned with signs of component materials as mentalformations, the source of their spiritual power of existence for the sufferings.

Those who are unable to comprehend the scientific process of nature of the existence referred to above, the illusion which completely associated with craving and hatred. According to the laws of nature every living being, human and animal have to exist their continuity in the

unhappy existences furthermore by consuming the sufferings, repeatedly.

As a result of miscomprehension of above true nature as it really is, all of the unwise destine to follow different kinds of visions, views, ideas, logics about the existences and themselves too. So, they have naturally to follow and accept and believe their life in which have been conditioned and constructed by the power of gods or Brahman and appeal them by requesting ultimate pleasure in the heaven where so-called gods are governed. Lot of people of the world has to struggled and misled by the superstitions because of their poor knowledge about the science of the wisdom of the world caused by the illusion. The wise are strive hardly follow the supreme reality of wisdom, without believing fables and mythical visions as lot of unwise follow unwisely without knowing the ultimate reality, which darkened by the science of the nature.

## **Buddha's Method**

*If any question has to be considered, it has to be  
Considered, peacefully and democratically in the way  
taught by the Buddha.*

**Sri Jawaharlal Nehru**  
**(Former prime minister - India)**

## **1.5 WHY DO YOU WANT TO FREE FROM YOUR MIND?**

The wise who having insight power of meditation that comprehended according to the codes of middle path they are only the wise the highest intellectual and eminent of the world with the power of spiritual welfare. The supreme Buddha had gained this supreme insight power of knowledge as “wisdom” through the insight knowledge of the science, the laws of the nature. The prince Siddhartha (the Buddha) had to overcome uncountable amounts of barriers to attain the liberation of the mind. As the result of after His six years miserable dwelling period of forest He was able to realize the impermanence, sorrow, pain and non-self-characteristics of all the conditional things that ordinary people are experiencing every second in the world. Finally, the prince Siddhartha, achieved the psychic power of insight of the scientific nature of the world through insight meditation and finally He liberated from His mind and became “the greatest man of the world” who ever lived.

According to His scientific teaching; as He explained it, **“He who sees me, sees the ultimate truth (teaching) and he who sees the ultimate truths sees me,”**

All of the ordinary people of the world unable to comprehend the doctrine of the ultimate truth and see the Supreme Buddha without following the Eight Noble path

of spiritual welfare. So, all of the wise must follow three characteristics of Noble Truths to meet the Supreme Buddha. Those who don't see the world through “insight power of meditation”, they don't become aware of who really the Supreme Buddha is. If you read so many books on doctrine it is not the way to gain sufficient result to see the Supreme Buddha. If you listen to so many sermons you're unable to meet the Supreme Buddha. You must understand the Noble Truths by yourself within insight power of meditation by following the Eight Noble path properly. Then only you can see and comprehend the supreme Enlightened “Buddha” in your own mind. The supreme Buddha is neither a god nor a savior He who not merely only a supreme human being, but also fully awakened one who within the supreme spiritual insight scientific knowledge of the laws of the nature.

Those who have worshipped and prayed for a long time were unable to attain the liberation. But those who follow the moral conduction with insight meditation the only spiritual process and it makes the access to the wise to attain the final goal through higher mentality and higher morality.

According to the laws of scientific biological function of the nature of the component materials with its Electrostatics force which formulated as human, animal and plant subject to exist the laws of nature over the long period of time since the beginning from the evaluation

process of the world with the power of Electrostatics force. Different kinds of Electrostatics power made the access of its different kinds of Electrostatic formulations for the creation of the conditional things. In these matters every component material is formulated by the different forms of component power of Electrostatics force. The fundamental of the scientific existences process of the world depends on the constructive effects of the Electrostatics force.

In these respects, every component material such as human, animal and plant cause for their constructive power for the process of existence. The continuation of the existence of the living being completely deal with to continue the existence of the qualities of the mentalformations which are exist through re-linking process of rebirth and redeath. The scientific process of the nature as referred to above which unwise are unable to perceive easily without scientific knowledge, the scientific fundamentals of the nature cause them to follow the path of illusion. The miscomprehension of the fundamentals of the spiritual process of the power of Electrostatics existence causes for all of the worldly people to follow illusion with craving and hearted. Those who are eminent of the perfection of the science, the wise who are able to unveil the illusion of the world that covered by the unwise.

According to the right understanding the wise who are able to comprehend the wisdom the insight power of physical and spiritual nature of the existence all over the world and

universe. Then they can liberate their mind from the struggle where as other human beings are still entangling. Having experience of the “power of wisdom” is the greatest life in the world, the most advanced, the most valuable and the highest admirable than unwise. The supreme Buddha is the greatest human being of the mankind of the world comparing with all other ordinary human beings in the world who ever lived.

Those who wish to understand the wisdom of the scientific qualities of the existence process have to listen to the doctrine of four Noble Truths. Thinking power can be developed by practicing insight meditation and practical experience of inhale - exhale mediation of the respiration and release the impure mind into the condition of emptiness. Disrespecting the past and future memories and paying thorough attention to the present moment of the mental process and study the awareness of mindfulness leads the way to the success of comprehension about the true scientific nature of the existence of the living beings.

Those who wish to follow above steps they can correctly achieve their final goal of liberation successfully. The highest standard of moral conduction based for the successful result of the process of insight meditation. Moral conduction depends on the meditation. Inversely meditation depends on the moral conduction that linked them each influences the one other. This is the successful way that greatly assisted the wise to master his skill for the

process of liberation. Moral conduction mainly directs the discipline to moderate the five organs of the physical body into a certain limitation. The perceptible power of five organs depends on desires of the mental attachment of the physical body of the living beings. Moral conduction makes the access to the physical body of the five impurities directing into the minimum level that leading mental and physical detachment directing to the middle path to follow. As a result of this process, final goal would be achieved as the wisdom. When the mind is in perfect concentration for a long time, one day it will focus of attention to achieve one-pointedness of mind within calm and constantly applied attention. Then approaching to the achievement for the liberation will be fruitful.

The existence process of the universe of 31 planes that under controlled by the power of sun and the moon. Those who do not follow the Eternal Truths of the world through insight meditation have to entangle with limitless life cycle between birth and death process. No one can indeed get rid of this sorrowful death and birth process without following the “wisdom” that the supreme Buddha preached to the world, as four Noble Truths.

The consisted doctrine of Eternal truth formulated, scientifically which is the supreme Buddha explained to the world is the most important subject in the world than all other subjects of the science of the world. It is completely consisted the scientific living process of the living beings

as “the science of the nature” which understood and explained by the Lord Buddha according to His personal experience of the supreme spiritual knowledge of wisdom.

## **Homage to Buddha**

*Lord Buddha could be very easily singled out as the one person known to man who received homage from the greatest number of mankind.*

**Prof. Saunders,  
Literary Secretary Y.M.C.A. India,  
Burma, Ceylon**

### **1.6 ARE YOU ON THE WAY OF LIBERATION OF YOUR MIND?**

It is extremely difficult and subtle to research and comprehend the phenomenon of Noble Truths as wisdom without comprehending the scientific nature of the universe and the world. In this respect everyone needs to be able to get much effort and courage to follow moral virtues so as to detach the sensual desires in the life. In this matter those who try to liberate from their mind should be live in a calm and quiet environment such as in a forest or far distance places away from the people. Finally try to be a vegetarian with loving kindness for all the living beings

extending even to the slaughtering of animals who put to death on behalf of tasting pleasure of the people.

Those who become vegetarians, freed from eating dead bodies of the killed animals making the access to prevent the untimely death of the animals. Those who are indeed loving kindness themselves, loving kindness even other living beings too. Those who loving kindness to all other living beings are loving kindness even themselves too. In the same way even those who do not loving kindness others not even loving kindness themselves too and those who do not loving kindness themselves even not loving kindness to all other living beings too. The same kind of loving kindness should be extended for all boundlessly.

The enlightenment, the final result of the process of spiritual qualities of the Noble Eight-Fold path, can't be attained by praying or wishing or worshiping or by offering or by chanting. But the welfare of the spirituality depends on comprehension of the scientific spiritual process that completely stands along within the rules of the spiritual path, the Eight Noble path approved by the supreme teaching of the Enlightened One. The period that the supreme Buddha lived on there were so many logics with mythological religious were governed the world. The supreme Buddha removed the mythical darkness, superstition and mythical fables from the humanity and demanded the people not to believe anything or anyone beyond their own understanding. .

The Supreme Buddha advised His devotees. “If you can't follow my doctrine also with consciousness, don't follow them or accept them”. The Supreme Buddha emphasized His followers not to be slaves to gods or to themselves too. He taught the people to analyze the world and universe as they scientifically are, through insight power of meditation.

As human beings who obtained the highly advance mental power by birth should accept the things which visible worldwide where scientific existence process of the nature, the phenomenon of birth, decaying, expire, older ageing and death as they scientifically are. Following and believing the things which are invisible and non-scientific and not sensitive to the physical sensation that should detach and not to addict to the truthless praying, recite stanzas and request salvation from the invisible phenomenon such as gods, Brahman and omnipotents that believing in traditions and have been handed down for many, and spoken and known to the history.

Most of the ordinary people who without the knowledge of insight comprehension the scientific comprehension of the nature of the existence of the world they think that the existence is the result of the supreme power of gods, and they pray these gods by requesting - peace - salvation - the heaven for ultimate pleasure after their death to relief from the suffering.

More than two thousand years ago the doctrine that the supreme Buddha preached to the world is currently alive with us without any damage or any deletion. Those who wanted to follow the path of freedom according to the teaching of the supreme Buddha the correct path, the Eight Fold path is available even today. The spiritual process of liberation of the mind fully depends on with the celibacy life that of with deepest dedication to conduct the moral conduction with process of insight meditation.

Lot of people of the world regularly follow the sense desires for the satisfaction of physical body getting much struggle at the best of their effort for eating tasty foods, listening to sensual music feelings full of with sensual lust and dancing and drinking intoxicating drinks satisfying the process of sensual lust making the opportunity to get rebirth in unhappy existence to suffer too much suffering after their death. The scientific process of the liberation of the mind basically depends on the codes of moral conduction of Eight Noble path according to the qualities of the chastity life, morality good and sexually pure in conduction. The spiritual path, the middle path based on and commence with rejecting two extremes. Those who conduct their ordinary living process luxuriously with comfortable qualities at the maximum level is one of the extreme that should be rejected compulsorily to enter into the middle path. Conducting the living process leading to the practicing of self-mortification is one of the other

extreme that should be rejected and enter into the middle path for the extinction of the suffering.

No one is able to think and doesn't know anything about their unknown existences that all of them have to go after their so-cold death. All of the unwise however if they are unable to undertake moral virtues according to the eight Noble path by observing five and ten precepts indeed are incapable of getting free from the process of rebirth and redeath. The fundamentals of the moral conduction depend on for the purification of the wrong views, visions and misbelieving caused by illusion. The ordinary people should follow and abide by the moral conduction and come into the middle path in day to day their living process. Those who are not observe five and ten precepts unable to get free from the sorrowful existences and will have to get rebirth obviously in unhappy existences to follow too much hardship limitlessly, mentally and physically.

You must ready to liberate yourself by improving religious confidence of the Supreme Buddha and doctrine about four Noble Truths and community of fully ordained monks. Without religious confidence, no one can attain the wisdom for the liberation of the mind and comprehend the scientific and spiritual nature to defeat the re-linking process of sorrow and pain.

## **A Cosmic religion**

*The religion of the future will be a cosmic religion. It should transcend a personal god and avoid dogmas and theology. Covering both the natural and the spiritual, it should be based on a religious sense arising from the experience of all things, natural and spiritual as a meaningful unity. Buddhism answers this description. If there is any religion that would cope with modern scientific needs it would be Buddhism.*

### **Albert Einstein (Scientist)**

#### **1.7 CAN YOU SEE THE DIFFERENCE BETWEEN THE LAITY LIFE AND THE LIBERATED LIFE?**

The main responsibility of the process of the existence of the living beings completely depends on the scientific qualities of the mind and mental power. The supreme quality of the mind power produces its constructive effect as the mental power. The constructive power of mental formulates its formation as mentalformation according to the qualities of perceptions with physical contact of five signs of component materials such as Electrostatics signs of color, sound, taste, smell, and tangible signs of body

skin. The existence process of physical body can't be controlled and governed without power of mind and its constructive power of mental. The existence process of the living beings fully depends on the power of mind and its constructive power of mental. In these matters, coordination between the mind power and physical body cause for all of the living beings to face much struggle to conduct their worldly lifecycle following sorrow-pain and laments unceasingly.

All of the living beings are common in their qualities of the physical body but different from their qualities of mind power. According to this, many factors affect the people to get complex and diverse. The mind consists of different types of memories - mental factors - the prepared mentalformations that cause for to diverse the people terribly of their existences. One's mind power that has been formulated according to its own procedure naturally, not equal to that of another. They are different from each other. The different types of mentalformations govern the actions of the physicalformation to exist the living process scientifically according to the laws of nature. This is the very reason; every living being has an identity.

The doctrine of the liberation that preached to the world has been expressed according to the scientific nature as they originally are delivered to the world as four Noble Truths that fully explanation of the faculty of scientific

process of the mind power and its Electrostatics constructive effects of mentalformations. According to the doctrine of the spiritual process of the living beings, the supreme Buddha preached to the ordinary how to originate and how to analyze the qualities of the mind power and how does it response to the sensation of the physical body and how to formulate the spiritual function for the process of rebirth and how to construct the properties of reproduction of the living beings according to its qualities of the laws through the process of rebirth.

The supreme Buddha was able to realize and preached to the world furthermore how to active and react the mind power under mental power directing the living beings for the wholesome deeds and unwholesome deeds and how to get new birth according to the mentalformations formulated in mentally in previous births experiences depending on merits and demerits. No one has ever been able to explain the scientific qualities of the mind power and mental power how to formulate their qualities for the process of rebirth and He said that in every physical actions either wholesome or unwholesome of the human and animals the mind was the fore-runner. But the supreme Buddha was the only greatest religion leader of the world He who attained and researched the nature of the mind power and the constructive power of the mental power. He furthermore delivered to the ordinary world, how to active and exist the qualities of the mental power for the

perception of the subject figurations such as color signs sound signs as they originally are without using any appliances, meters, apparatus or electrical and electronic instruments. But only through His personal experiences according to the Eight Noble path developed by the experience of higher morality and higher mentality with the highest insight knowledge of wisdom.

Those who wish to research and analyze their own mind power themselves should study and practice moral conduction - mindfulness and wisdom according to the spiritual process of Eight Noble path. The supreme Buddha explained the ultimate truth of the world through His personal experience of insight power of scientific phenomenal as the four Noble truths. The world is situated on sorrow with too much suffering. The supreme master advocated to the world, **“I teach you sufferings and the way how to get rid of the sufferings”**.

The ordinary unwise people who lack of their comprehension of the scientific process, the laws of the nature as they originally are following the illusion with unwholesome qualities in mentally and physically, directing into the woeful destinations through the process of rebirth. But the wise who having comprehension of the scientific qualities of the nature as four Noble Truths, following wholesome properties in mentally and physically, able to enter into the process of rebirth in happy destinations such as Gods, Brahmans, Human, finally

destine to get success of final goal. The illusion of the miscomprehension of four Noble Truths of the ultimate reality and the scientific qualities of the nature that leading the ordinary into the darkness which is covered by miscomprehension of the law of the nature that deprived them to understand them as they really are. But the wisdom, the insight comprehension of four Noble Truths of the ultimate reality the qualities of cause and effect theory of the existence leading path to the wise for the extinction of the suffering like a power of light to see and understand the process of existence of the world as they scientifically are.

Those who are darkened by the illusion lead them in to the four planes of miserable existences after terminating the period of lifetime in the human world. The wise who have developed their comprehension through the wisdom destined to attain the final goal of liberation to retire from the material world easily.

The worldly man who lives in the darkness of the illusion unable to realize the world as it really is. They believe that the component materials are permanent and think to hoard them under their ownership because of their stinginess. They use material things as precious and valuable assets in the world that they protect them as their properties. They think and use the material world under power of darkness - the illusion - hate - and desires. Every material can be seen

under the sunlight, but can't be seen them in the darkness. Same happens to the ordinary man who lives in the darkness by following the illusion, the desires and the hatred in same degrees. Illusion equals to the darkness because hatred and desires can't be seen of their own spiritual formation how do they generate and exist. So, they don't care and don't know the world as it originally is. But they think and act component material things as the permanent properties of the world. This causes for the wrong vision - illusion and component material things cause for the people to suffer the sorrow - pain -laments-decay-death, but rely on them as luxurious - presumable - comfortable-profitable-admirable and valuable things. This causes for the lust - desires not lead the person to the ultimate pleasure, but causes much craving for properties of others. They try to protect these component materials as permanent and valuable properties and try to keep them under themselves forever. This causes for the craving, selfishness - hatred. Every ordinary people have to make a link between existence to existence, after every death of their continuity of relinking process of rebirth and redeath.

The ordinary people who are darkened by the miscomprehension of the four Noble Truths unable to realize the process of their existence and the ultimate truths situated them within. They follow the worldly codes of illusion by clinging with material things and developing harm and enmity each other making struggle for the sense

feeling for the material things. The ordinary people who follow illusion cause for the attachment of the physical body finding sense desires greedily and repeatedly through mentally. This is the ordinary process of existence all of the worldly people who have to follow too much hardship to conduct their living process through illusion in their day to day life.

The faculty of the qualities of the mind power that originally categorized and exist with the power of supreme type of Electrostatics force, cause for the existence of the spiritual power of the living beings. The constructive effect of the mental power is responsible to the scientific spiritual process of the living being depending on re-linking process of suffering. The constructive spiritual power the mental power actives only for the perceptions of the signs of the component material leading to the ordinary people for the process of sufferings. In these matters both mind and mental power are active only for the perception for the sensualities cause for the source of the mental formations which are main power for the process of rebirth. This is the spiritual process of the existence cause for the process of rebirth of the living beings. No one can easy to comprehend the scientific existence process without following the superiority teaching the four Noble Truths of the supreme Buddha. This is the illusion that leads the ordinary to follow craving and hatred for the continuity of their suffering through re-linking process of

rebirth, believing mythical fables of the existence and about themselves too.

The ordinary people accept and agree the meritorious acts as defilements, defilements as meritorious acts. Not caring merit deeds as merits. They accept false as true and true as false. This is the way that opposite to the “Eternal Truths”. These people who live in the dark as the blind. The Eight Noble Path leads the people to the right vision of the world is the only way for the comprehension of wisdom. The Buddhism is the only religion that has explained the four Noble existence of the world as they correctly are. No other religion of the world has never explained the source of the spiritual qualities of the living beings how to create and exist their existences for the process of rebirth by the leaders of that religions.

All of the people in the world don't know what would happen after their death until they reach to the last moment. All that constructive spiritual Electrostatics qualities of the living beings never terminated by their death. The spiritual properties of the mind power which are due to trap with another life to continue the memories of the mentalformation to begin the new birth in unknown existence in the universe. The power of mind which is conditioned through sense desires with illusion lodged as memories - the mentalformations, concept them in another existence to continue the sorrowful life cycle furthermore.

No one of the world can defeat the power of death and birth process but all of them have to under controlled by the death.

Every religion teaches and instructs to maintain the people to live with loving kindness, compassion, mercy harmless – justice – equanimity - impartiality and generosity so as to keep the public with righteousness and peace. Most of the people don't care these principles of religion and they follow the demerit and harmful path to live in the society. The ordinary people live under power of eight universal truths but they don't care them because of their foolishness of the ultimate truth and about them have to face more problems to continue their lifestyle.

Those who oppose to the universal truths are out of the teaching of the Supreme Buddha. Biological and material existence depends fully on the “impermanent power” of the Electrostatics force. So, every component material not alive permanently and sustains luxuriously. They are due to change, decaying, older ageing, expire and death. All that created things in the world are also in the same manner. If one wishes or prays that the components things should be permanent - not to decaying - not to go older ageing - not to expire and not to die, it is impossible and that is why this nature that has been formulated to stands along with the process under the law of cause and effect. It is the universal truth the nature of the world. Those who don't care or

understand this, they have to suffer sorrow - pain and torments both in this life and thereafter.

The profit - loss, fame - infamy, disgrace - praise, comfort - sorrow, are the unique Truths of the universe that everyone has to face and are called eight universal Truths. The profit always depends on loss. The fame always depends on the infamy. The disgrace always follows praise. The comfort always follows sorrow. Profit always follows the loss and loss always follows the profit. It's same with other truths also.

These two extremes of truths cause for the people to develop lust - hate and ignorance. Those who are unable to face these eight universal truths are follow dilution - desire - hate. These three types of demerits lead them into the four planes of miserable existences after their death. All of the householders should aware the eight universal truths, because these extremes cause for the three defilements, lead to the four plane of miserable existence including hell. The wise man who can get rid of these eight universal truths therefore he does not face any terrible. Because the Eight-Fold path that had been followed caused for him to liberate from the existence of the mind. So, he is free from common struggle of the ordinary world forever

**Knowledge is the key to higher path.**

*Without sensuous pleasure would life be endurable?*

*Without belief in immortality can man be moral?*

*Without worship of a God can man advance towards*

*righteousness? Yes, replies the Buddha,*

*these ends can be attained by knowledge; knowledge*

*alone is the key to the higher path, the one worth*

*pursuing in life; knowledge is that which bring*

*calmness and peace to life which renders man*

*indifferent to the storms of the phenomenal world.*

**Prof. Karl Pearson**

## **WISDOM - 2**

### **2.1 THE THREE MAIN DEMERITS (EVIL DESIRES)**

Every one of the ordinary people of the world can be a Buddhist by following the Eight Noble path the only spiritual liberation path of the world directing to the liberation of the mind. According to the path progress and fruitions all of the wise are able to gain the psychic power of insight knowledge of the wisdom. The supreme reality of the wisdom the scientific process of the nature as it scientifically is the leading path to the liberation of the qualities of the suffering of the mind. Any other spiritual paths are not available to follow to comprehend the ultimate truths instead of Noble path of freedom, in sake of spiritual solution.

Those who wish to attain the right vision of the Noble path according to the scientific teaching of the Supreme Buddha are able to reach to the freedom. Primarily all of the householders should observe moral virtues following with five and ten precepts to abundance the sense desire behalf of their self - control. Those who wish to comprehend the liberation need to follow moral conduction of five precepts basically, and should take necessary steps to be a monk to follow the Noble codes of moral conduction according to the Eight Noble Path.

Any one of the people of the world does not belong to any of the religions by their births. All of them have to inherit and abide by to the religion regulations which their parents are belonging to. In this matter all of the people have to face and under controlled them by the religious bondages and barriers. Therefore, no one can easily to be a free thinker to research and follow the scientific existences, the process of rebirth how far its properties coordinated with them to get rebirth. The greatest human beings who ever lived in the world the supreme Buddha had removed the mythical visions and superstitions created by the unwise of the world, introducing the ultimate reality, to relief from the existence of the suffering. According to the superiority teachings of the wisdom of the greatest religion of the world the wise are able to attain the liberation without least help of gods or Brahman or any other omnipotents. The supreme Buddha He who advocated to the whole human kind to see and comprehend the Noble Truths of the world freely as they really are and instructed the wise the way how to get rid of the re-linking process of suffering behalf of their freedom.

All of the human beings after getting their births they belong to various kinds of national, religion, rites, genus, and color variances, directing their wrong policies to destroy the social meritorious actions and ethical welfare of the world. In these respects, the ordinary people usually addict to different kinds of wrong views cause them to

follow illusion through main three defilements. One who grows physically, grows them as same degrees as in mentally. When the ordinary people grown by their mental power, grown them with evil desire and follow corruption and violence unwisely destroying the spiritual welfare of the people.

The ordinary lifecycle that leading to the process of existence of suffering, directing to get rebirth in the four unhappy destinations depending on constant sensual pleasure, the attachment of the physical body. This is the path of mundane lifecycle of the ordinary world, following cravings and hatred caused by illusion through mentally and physically. The ordinary people who regularly practice and follow the three main evil desires, the illusion craving and hatred depending on three visions as the effect of mental and physical formulation of the qualities of unwholesome physical and mental deeds. Those who are unable of knowing their unknown existences that all of them have to go after their death and consuming sensual lust at the best of their effort for the constant sensual pleasure caused by the illusion. According to the process of illusion the codes of worlding cause for all the people of the world have to follow the imaginable visions such as believing of mythical fables and superstition. The ordinary people who having miscomprehension of the process of ordinary life cycle which directing them to get rebirth in the four unhappy destinations, without knowing to take necessary steps to prevent from it.

More than half of amount of the people of the world who without knowing the ultimate reality, the scientific existences process of the world formulated and situated with their living process addicting to the sensual lust cause them to be the community of unwise, believing and following mythical fables and superstitions unwisely. Therefore, all of the ordinary always are suffer from loss of their properties, inflame, disgrace and from sorrow and pain mentally and physically without knowing the treatment to prevent from it. They are of course following their living process unfortunately and unwisely without relying on eight universal truths situated all around the world are formulated for the process of suffering. Those who are following the superiority teaching of the Supreme Buddha are able to get fruitful benefits both in this life and thereafter for the sake of liberation.

According to the scientific teaching of the supreme Buddha, the existence process of the world completely depends on the scientific formulations, the cause and effects qualities the laws of the nature. In these respects, the nature of the laws is directly assisted with the power of spiritual existence of the living beings under power of Electrostatics force. The physical and mental contact of the five signs of the component materials cause for the basic format of the mentalformations, the spiritual power of the process of rebirth. The miscomprehension of the spiritual fundamentals of the process of the existence of the living beings are the root condition of the people to be the share

owners of the sufferings. So, all of the ordinary people have to abide by to follow the self-vision and soul-vision. When both of these two visions active and follow together cause for the effect of the vision of illusion of the ordinary people.

The three types of visions which followed by the ordinary unwise people, are as follow.

**Wrong Vision** - Those who without understanding the Noble Truths of the world and believing them as common qualities for the sensual craving - They believe the feeling of the contacts of five signs mentally and physically as the owner of the self (self-craving).

**Self-Vision** - Those who without understanding Noble Truths of the world and believing them as ownership of "self"- They believe the contact of the physical feelings as the owner of their self of personality (self-annihilation - self-personality)

**Soul-Vision** - Those who without understanding the Noble Truths of the world and believing them as the owners of the soul exists for the ultimate pleasure in the heaven after their death- They believe contact of the mental feeling as the owner of their self of the soul - Blind faith of ego-entity (Self - immortality)

Those who follow and live according to these three visions as referred to above are out of the Noble path. They are unable to understand the true nature of the existences, and unable to attain the wisdom to get rid of laments, sorrow-torments, suffering, finally from the mind. As a result of above three visions, no one can terminate the cycle of death and birth has to face to the process of rebirth in the states of miserable existences of the universe. The ordinary people who live in the human world are fortunate enough to follow the four Noble Truths. Because, the first Noble Truth that is sorrow-pain sufferings are apparent in the visible phenomenon in the world as birth – decaying - older ageing - diseases and death. Those who are intelligent by birth and having thinking power of wisdom they can easily understand the fragility of the life and its transitory nature, how far the humans are put to this miserable existence to suffer the suffering.

### **He does not speak of sin**

*Serenity of spirit and love for all sentient creations are enjoined by the Buddha. He does not speak of sin, but only of ignorance and foolishness which could be cured by enlightenment and sympathy*

**Dr. S. Radhakrisnan,  
"Gauthama The Buddha"**

## **2.2 SELF ILLUSION - SELF VISION (DESIRE - LUST-ATTACHMENT-CRAVING)**

The sense desire is one of the main evil desire of the unwholesome root condition for self-illusion that leads the ordinary unwise into the four planes of miserable existence for the process of suffering. The self-vision fully depends on with the assistance of the constant sensual pleasure the attachment of the physical contact. Human and animal both of them are exist their living process following craving - lust - desire - cause for the qualities of the existence. The spiritual process of rebirth, formulated for the existence of the sufferings profoundly preached to the ordinary world as four Noble Truths. Those who are unable to comprehend the doctrine of the ultimate truths cause for the illusion of the sense of the self, cause for the ill-effect of the self-illusion, directing to the spiritual existence process of the self-vision of the suffering.

Clinging through the contacting of the physical body that coordinated within the spiritual contact of the mental power cause for the people to think and misbelieve above process as the power of “self”. Therefore, they have to follow the constant sensual lust according to the constructive process of self, believing as the permanent living beings or fellow beings. They have to misbelieve the physical formation as the basement for the owner of the self. This is the main factor for the illusion, the spiritual

process of the physical formation and the mental formation of the living beings, including human and animal.

The constructive power of mental that responses to the contact of the physical body formulates the mental formations for the basement of the self-vision. When the mental power active to response to the bodily feelings usually active and react according to the three visions, approved by mentally through the illusion. These visions formulate mentally depending on illusion and craving cause for the constructive effect of the "self". Those who are without knowing the scientific process of the spiritual life following the illusion, and believing them truly are as follow beings leading to the existence of the personality. The mental feeling of the sensation of the "self", formulated by the sense desires directing to the effect of the spiritual power of the living beings cause for the self-vision. According to the spiritual process formulated by mentally the worldly people are usually consume five signs of pleasurable feeling of the component materials for the fundamental process of the mental formations as the chief spiritual effect of the living beings for the source of the process of rebirth.

The worldly people who darkened by the scientific spiritual process of the living beings without knowing the effect of the self as it really is approved by the mental power. The ordinary people who are following the self-

illusion, direct them to addict to the physical attachment the craving for the sensual lust unaware of their spiritual qualities formulated through the process of rebirth in unhappy existences. The spiritual processes of the living beings are formulated according to the laws of the cause and effect process of the nature directing to the greatest illusion of the unwise for the sense desires that lot of people of the world are deeply addicting to.

Therefore, the mentalformations, the effects of the self-vision the spiritual power of unseen scientific qualities are not sensitive to the physical organs are the matter for the illusion. The human and animal are in same qualities of their mentalformations because of self-vision, due to get rebirth in same existence to suffer the suffering. The self-vision is one of the effect of the illusion following sense desires deeply and cause them to believe them as “self”. The effect of the self-vision completely causes for self-illusion, the constructive spiritual power of the mentalformations and the physicalformations of the living beings leading to the unwise people for misbelieving the spiritual existence of the living beings as fellow beings.

The vision of self that followed by the unwise making the path of illusion to cultivate their immoral, cruelties and unlawful corruptions that harmful to the human beings but other living beings too. As a result, all of the unwise who are following self-vision will have to reborn in woeful state

after their death to suffer the suffering in the re-linking process of existence. If they wish to attain the liberation of their mind they should get rid of self-vision and should follow the right vision – the scientific comprehension of the wisdom, to be a noble one and this cause for them to ensure the happiest existence after their death and finally to attain the enlightenment.

### **Greatest man ever born**

*Here is a teaching we can follow with confidence.  
Where in the world of religions, cults and creeds, can  
we find a master of such brilliance? In a pagent of stars  
he was a giant of the greatest magnitude. Little wonder  
that scientists, philosophers, and men of literature have  
proclaimed Him “the Greatest man ever born”. The  
radiance of this great teacher goes through a world of  
suffering and darkness, like a beacon light to guide and  
illuminate mankind.*

### **A European Writer**

### **2.3 SOUL VISION- SOUL ILLUSION (HATRED - HARMFULNESS - ENMITY)**

Believing the life as a soul which reach to the heaven is one of the main defilements that more than half of amount people of the world usually follow. One who without the comprehension of the wisdom believes everything of the world constructed by the gods and follows them as the blind. This is the illusion causes the ordinary to follow the process of rebirth in miserable existence for the continuation of suffering through the routine of the re-linking process of rebirth, decay and redeath.

Those who are unable to analyze the life into its power and material as they scientifically are through the comprehension of wisdom is the matter for the rebirth in unknown existences to suffer the suffering. In this matter the ordinary unable to understand the structure of the material body the physical formation and the constructive power of the mind, the mental formation how to create its physical and mental functions for the process of rebirth. Those who misunderstood the Noble Truths have to believe them as the members of the soul, created by the gods and Brahmans. The vision of soul is the result of the constructive effect of the mental power indeed not an extreme power of soul that created by the gods. This is one of the mental effect of the mental process the imaginary ill-effect of the wrong vision of the ordinary people.

Those who follow soul vision have to cultivate the path of defilements, demerits such as hate, harmfulness, unjust, cruelties, violence, unlawful corruptions and immoral for the continuation of the suffering. Those who developed unwholesome qualities which are built up under illusion of impure mind under the soul-vision directing them to live in hateful life cycle. They are making the way them for believing them as the member of the soul and as the power of invisible gods. Then they have to make a link existence to existence to follow the cycle of rebirth and redeath.

According to the superiority teaching of the supreme Buddha the existence process of the suffering depends on and conduct mentally and physically cause for the physicalformation subject to contact with the five signs of components materials such as color signs, sound signs, smell signs, taste signs, bodily tangible signs which are exist within the power of Electrostatics force. The mental perception subject to the contact with the pleasurable feelings of the five signs of components materials grasped through the contact of the physical organs. This is the ordinary living process cause for all of the living beings including human and animal for the common spiritual existence of the mentalformation directing to the source of rebirth. This is the scientific and constructive Electrostatics spiritual process of all the living beings. The unwise usually deeply miscomprehended but comprehended by the wise absolutely causes for the illusion of the soul, the ill-effect is the soul-vision.

Under power of illusion every living being exists their life cycle a limitless duration of time, lack of their comprehension of the Noble Truths cause them to acquire the blind faith of soul-illusion. Most of the people who believe that their soul can be protected and secured from the sorrow and pain by praying gods or Brahmans. So, the ordinary people who follow soul vision direct them to keep their bodily attachment with comfort, so as to keep the impure mentalformations as the power of soul cause them to get rebirth in the four planes of woeful existence after their death.

Those who have acquired the impure mind as the owner of the self they have to follow bodily attachment greedily through the process of existence qualities of the mentality, directing them to suffer common harden of the life cycle both here and in the next world.

The attachment to the craving of the contact for the perceptions of the physicalformations and mentalformations basically make the access to develop the soul-vision of the unwise. One who craves for the component materials, addicting deeply with the attachment of the physical body for the constant pleasurable sensation that believing contact of the mental power as the power of “soul”. Then ordinary people who follow everything according to the qualities of their mental feeling that are formulated as mentalformations (memories) believing them as soul by developing, the ways of craving of the

contact for the mental and physical body making the access of miserable existences to get rebirth.

The miscomprehension of the above spiritual process of the illusion of the “soul” makes the access to the unwise people to develop and believe the constructive extreme as the illusion of the “soul” which does not exit naturally, causes for the root condition of the soul-vision. The soul-vision is one of the greatest unwholesome path of evil desires ordinary usually follow unwisely. This is the one and only path of the visions for the destruction of the human world leading to the ill- effect of the unwholesome ignoble path of the ordinary people, left behind by the wise. The soul-vision depends on the hatred and harmfulness deeds for the unwholesome effect of the ordinary people cause for the result of the selfishness, one of the greatest evil desires that the ordinary people regularly practice in their day to day life.

The ordinary unwise people, who believe them as the members of the soul that created by invisible gods, depending on the illusion of the soul, lack of their comprehension of the wisdom and they have to believe the constructive effect as the self of the soul. The most of the unwise don't know about the Electrostatics power of mind and the physical body of the material as they originally are. Contact of the organs of the physical body cause the person to believe the contact of the mental power as the soul of the self and try to follow sensual feeling contacting with the

physical body to develop the constant sensual pleasure. They believe the contact of the mental power that activates through the constant sensual pleasure that should be continue behalf of protection of their soul. Under this misbelieving of sensation of the mental feeling people develop the constant sensual pleasure by entertaining the mental contact through the physical body organs greedily. This is the worldly process, the illusion that cause for craving, desire, lust and satisfaction caused by the feelings of the physical and the mental contacts.

The unwise people who follow soul-vision believing them as certainly a power of soul, it is difficult to turn them into the right vision of the wisdom. Lack of their sufficient thinking power of the scientific nature of the existence to research the spiritual mental process which they have to get rebirth. Unfortunately, they don't know about their scientific existence process of the nature of the world, how to exist and create to get births them to be human beings.

Those who believe the vision of soul they mainly accept and believe them as soul and they have to think to protect their imaginary vision of soul from others, cause them to develop hatred to harm others by killing or destroying them in order to safe their soul. This imaginary spiritual process, leads the unwise to be harmful, cruel and hateful not only for all other human but rest of other living beings too. According to this process of illusion the people have to believe them as soul and cause for them to develop

harm, enmity, and attachment - desires also in same degrees, to destroy the entire spiritual process of the human beings.

The miscomprehension of the scientific nature leads the ordinary people to follow the vision of soul. Then they use to develop hate, harmfulness against others by killing or destructing rest of other living beings. Illusion and craving are the main factors that unwise lead to the soul-vision. Those who follow the illusion that depending on misunderstand about the scientific nature of the existence believing the entire world and all of them are created by the gods and they pray and worship these invisible gods as the saviors who can protect their soul of the self after their death from the suffering.

The worldly people who have to believe soul-vision because of their illusion and try to follow blind-faith for gods, Brahmans and they pray for them, and chanting stanzas, requesting ultimate pleasure after their death. They are indeed belonging to the public of unwise, the community of foolish. Under the power of soul-vision the ordinary have to suffer different kinds of mental and physical pressures, disordering of the mental power and physical body cause for the ordinary to suffer different kinds of mental illnesses and physical diseases such as heart attack, diabetics, Hypertension (High blood pressure) Paralyzing, cancers and mental disorders (mental illness, hysteria), which are unable to cured using

medicine easily. Meditation, the loving kindness for all is the only medicine those afflicted referred to above physical and mental disorders.

Transformation of the process of scientific nature of the spiritual constructive process of the living beings, into the different kinds of visions cause the unwise to continue their sorrowful existence after every death of their life in the process of rebirth. Those who wanted to liberate their mind from the soul-vision should follow the doctrine of the scientific law of the existence, which consisted with the superiority teaching of the supreme Buddha.

The entire humankind of the world subject to destroy and leading to the massive annihilation of its natural day by day in the world today, completely depend on the mythical vision of the soul-vision, stands along with illusion. The community of unwise of the world absolutely should be responsible for the terrible destruction not only for the material world but also for the welfare of the spiritual world. According to the bad disaster of the existence of the human world completely deal with to attach the spiritual welfare of the people. Believing the self as the existence of the soul is the ill-effect of the mentality of the unwise, making the entire human world as the terrible field of wars and battle and struggle where human against to human.

The vision of soul that followed by the unwise making the path of illusion to cultivate their immoral, cruelties and

unlawful corruptions that harmful to the human beings but other living beings too. As a result, all of the unwise who are following soul-vision will have to reborn in woeful state after their death to suffer the suffering in the re-linking process of existence. If they wish to attain the liberation of their mind they should get rid of soul-vision and should follow the right vision – the scientific comprehension of the wisdom, to be a noble one and this cause for them to ensure the happiest existence after their death and finally to attain the enlightenment.

### **Negative Answer of the Buddha**

*If we ask, for instance, whether the position of the electron remains the same, we must say "no"; if we ask whether the electron's position changes with time, we must say "no"; if we ask whether it is in motion, we must say "no". The Buddha has given such answers when interrogated as to the conditions of a man's self after his death; but they are not familiar answers for the tradition of seventeenth and eighteenth century science.*

**J. Robert Oppenheimer**

## **2.4. ILLUSION (DESIRE, ATTACHMENT LUST, CRAVING + HATE, ENMITY, HARMNESS = DELUSION=IGNORANCE)**

The people who miscomprehend the scientific nature of the existence, the unwise of the ordinary world, following illusion unwisely cause for them to trap with the re-linking process of rebirth and redeath through the routine of sufferings. As a result, all of them unable to understand the four Noble Truths, consisting doctrine of ultimate truths with the necessary steps to relief from the sufferings. According to this all of the unwise destine to continue their re-linking process of older ageing, decaying, rebirth and redeath following three evils-desires, the soul vision, self-vision and both of them as the illusion. The formulation of all the created things maintained under the scientific qualities of the Electrostatics power and with the materials coordinated with its laws the cause and effect nature. This is the matter for the illusion of the unwise but because they don't accept and understand this scientific process of the existence as the law of the nature cause for the main matter for the illusion of the unwise who regularly follow behalf of continuity of their living process.

The whole of the scientific qualities of the nature that under controlled entirely by the power of Electrostatics cause for the construction of the component material. The unwise people usually accept and believe the component material as valuable and useful properties of their lives making the

access to the unwise to follow their living span greedily and hatredly. The people who without knowing the science of the scientific existence, the four Noble Truths of the sufferings and the way how to get rid of it, indeed are the greatest foolish of the world who deeply darkened by the illusion. They are the unwise, following the ignoble mentality through their unskillful actions completely responsible for all of the violence and struggle increasing rapidly day by day in the world today.

All of the unwise who follow the path of illusion the ignoble way of craving and hatred completely subject for the miscomprehension of the scientific nature and its construction how to formulate to get birth them as human beings. As a result, they usually follow and abide by the process of mental contact and physical contact in same degrees that of with same as animal beings without knowing the spiritual Electrostatics process of mentalformations and Electrostatics process of physicalformations, formulated according to the nature of the cause and effect of the law.

The unwise who are without knowing the scientific qualities of the constructive effect of the mental process they don't know how to create its scientific function leading to the re-linking qualities of the spiritual process of rebirth and redeath. Those who follow the sense of the “self” through unwisely due to lack of their basic knowledge of scientific fundamental of the Electrostatics

power for the process of constructive spiritual Electrostatics force as the sense of the “self”. The worldly people misbelieve about the mentalformation and physicalformation as the permanent existence for both craving and hatred to follow greedily and repeatedly through unskillful path of lay folk. In these matters all of the unwise who follow illusion and craving with hatred cause for the violence and unlawful corruption of the world where the vast field of war and struggles are going on.

The unwise people who follow the process of constant sensual pleasure through the vision of illusion cause for not only for continue their mentalformation but also their physicalformation. As a result, all of the unwise who darkened by the illusion following the senses of the “self” greedily and repeatedly. In this matter they always try and follow hatred, harmfulness and enmity for the destruction of the living beings but left behind by the wise, without caring, loving kindness for all of the human and animal beings. The ordinary path of the existence the vision of illusion that unwise people who accept and follow regularly in order to exist the scientific qualities of the living process through the re-linking process of rebirth and redeath. The constructive effect of the mentality of the sense feeling of the “self” caused by the contacting process of mental and physicalformations directing the unwise people to follow sense desire and hatred repeatedly, making the path of illusion. As a result, the unwise people

who usually follow sensual lust deeply cause for the self-illusion and same degrees in soul illusion based on hatred. Those who follow both self-illusion and soul-illusion completely based on for the senses of the "self" leading to the vision of illusion.

Those who are on the path of supreme teaching of the wisdom, due to comprehend the ultimate reality of the existence process of the scientific qualities, the science of the existence which is depend on the scientific qualities of the suffering of the human beings. The wise people who comprehended the science of the wisdom they know who they really are and the scientific existence process of their living span and the nature living in. As a result, they are the greatest human beings who ever live in the world comparing all other unwise of the world.

Those who are unable to comprehend the four Noble Truths preached to the ordinary people, destine to suffer too much hardship both in this life and thereafter through re-linking process of rebirth and redeath. Those who addict to the feeling sense of “self” deeply attach to the sensual lust equally to the hatred making path for the destruction of both material world and spiritual world.

Following hate, enmity and harm, inversely, they addict to the sensual desires, lust, craving, with attachment deeply cause these evil desires for the wrong vision, leading path to the process of rebirth. He who under controlled by the

process of wrong vision of the mental formations, indeed has to follow a limitless duration of sufferings, addicting to constant sensual pleasure, and deepest harm, hate and enmity with other living beings too. This is the way of unlawful, illegal process makes the access to the unwise people for the evils both in this world and next. These evils such as cruelties, violence are prevailing throughout the public under power of wrong vision, cause for the terrible spiritual destruction of the humanity.

No one can easily to study, follow and research the power of mind and its constructive power of mental. They must first develop the power of religious confidence about the supreme Buddha, the four Noble Truths and community of high ordained monks and must follow Eight-Fold path that is beginning from five/ten precepts, to get rid of two extremes the constant sensual pleasure and self-mortification. Then they are active in the middle path. Without following this process, no one can understand the scientific true nature of the world and the power of the mind and the constructive power of mental. The scientific process of the nature the wisdom directs to liberate from the qualities of mind and its own origin, can be achieved by following Eight-Fold path. Those who follow the Noble path continuously under higher ordination of moral conduction it is so easy to reach mindfulness, finally understand about scientific qualities of the world and universe as the wisdom.

The codes of moral conduction of the Eight Noble Path direct the wise into the spiritual solution of the existence qualities of the mind. The code of moral conduction of the Eight Noble Path consists several stages indicated both for the laymen and monks, behalf of their purification of the mind for the attainment of freedom. The five precepts the beginning step of the Eight Noble Path directing to the end of the ascetic rules of purification practices by following thirteen steps of vows of the purification stages.

Those who are without following all of these qualities of the code of moral conduction they are unable to attain the psychic power of wisdom and liberate their mind from suffering of the existence.

The path of wisdom, consist of two portions. One of the portions of the path consists of theoretical and rest of the portion completely is practical. The eight steps of Noble path should be followed theoretically and also practically with priesthood that is directing to the achievement. Those who wish to attain the liberation should follow and practice the thirteen ascetic rules of purification practices (13) and insight meditation. Most of the people who seek spiritual achievement only through theoretically, it is actually impossible to approach to the goal of liberation. They should follow sufficient dedication practically to uplift the goal. Attending only for the theoretical way of liberation is not fruitful way to the wisdom. All those who seek the

spiritual enlightenment through theoretically and experientially both are the correct ways of with full of benefits ceasing the re - linking process of suffering.

The vision of illusion that followed by the unwise making the path of illusion to cultivate their immoral, cruelties and unlawful corruptions that harmful to the human beings but other living beings too. As a result, all of the unwise who are following wrong-vision - illusion will have to reborn in woeful state after their death to suffer the suffering in the re-linking process of existence. If they wish to attain the liberation of their mind they should get rid of wrong-vision and should follow the right vision – the scientific comprehension of the wisdom, to be a noble one and this cause for them to ensure the happiest existence after their death and finally to attain the enlightenment.

### **Buddhist Idea of sin**

*Its idea of sin differs somewhat from the christian idea. Sin to the Buddhist is mere ignorance or stupidity. The wicked man is an ignorant man. He doesn't need punishment and condemnation so much as he needs instruction. He is not regarded as 'violating God's commands' or as one who must beg for divine mercy and forgiveness. Rather it is necessary for the sinner's friends to make him reason in the human way. The Buddhist does not believe the sinner can escape the consequences in prayerful attempts to bargain with God.*

**John Walters**  
**" Mind unshaken "**



*Buddha Statue at Saranath  
Buddha in dharmachakra-pravartana-mudra, fifth century*

### **Buddha is like a physician**

*The Buddha is like a physician. Just as a doctor  
must know the diagnosis of the different kinds of illness,  
their causes, the antidotes and remedies,  
and must be able to apply them,  
so also the Buddha has taught the Four Holy Truths  
which indicate the range of suffering.  
Its origin, its cessation, and the way which leads to its  
cessation.*

**Dr. Edward Conze, "Buddhism"**

## *Salvation without God*

*For the first time in the history of the world, Buddha Proclaimed a salvation, which each man could gain for himself and by himself in this world during this life, without the least help from a personal God or Gods. He strongly inculcated the doctrine of self-reliance, of purity of courtesy, of enlightenment, of peace and of universal love. He strongly urged the necessity of knowledge, for without wisdom psychic insight could not be got in this life*

*Prof. Eliot*

*"Buddhism and Hinduism*

# **WISDOM 3**

## **3.1 RIGHT VISION**

According to the scientific teaching of the supreme Buddha, the wisdom is the basic fundamental of the right vision caused by fully abandonment of the three main visions, the wrong-vision, self-vision and soul-vision. The superiority teaching of the wisdom is the greatest result of the psychic insight knowledge of the component things of the materials and Electrostatics power of the universe, the precious resources to the wise who wish to be a Noble one.

The highest knowledge of the spiritual senses of the mental feelings about the scientific process of the conditional things in which the way really is the wisdom, the supremely comprehension than other scientific knowledge of the science of the material world. The spiritual insight knowledge the right vision gained through the highest morality and highest mentality following the Eight Noble path as the result of the path progress and fruition followed successfully by the wise. The right vision is the preliminary spiritual knowledge of the wisdom the highest insight in to the things based on.

The process of worlding of the imaginable vision of the “self” completely cause for the ill-effect of the mental feeling of the mentality caused by both mental and

physical-formations of the people. The physical-formations depend on with the mental-formations and inversely mental-formations depend on with the physical-formations coordinated and formulated them one another cause for the constructive effect of the mental power. Those who follow the wrong vision cause for the root condition of the feeling of the self. The effects of the mental-formation cause for the three visions directing all of the unwise into the miserable existences in order to continuity the process of their suffering. The right vision is the result of the total self-abandonment of the three visions of the physical and mental process through the path of freedom.

The comprehension of the wisdom of the spiritual science of the scientific nature is not merely a result of well educated, expert in different subjects of the world than other worldly subjects of the ordinary process. It is certainly a power of spiritual that fulfilled by moral conduction and power of mindfulness. Those who well educated in various subjects of the material world as experts, graduates, scientists, intellectuals and scholars they are intelligent with worldly knowledge, the result, only through the effort of mental and physical process according to their worldly comprehension. But wisdom is not merely a result of mental or physical process but depending on only by releasing mind from the existence, both in mentally and physically. It is the highest power of universe and highest power of mind that is freed from body

and mental contacts. The power of wisdom makes an access to the person to understand scientific true nature of the existence, appropriation to the qualities of cause and effect. The comprehension of the wisdom completely depends on with the power of liberated mind, which is freed from three evil desires, by developing insight meditation with higher ordination of moral conduction.

The whole community of the human world have become prominent of their plentiful of unwise and folly dominating sensual lust, greed and hatred tempting to destroy the spiritual welfare of the people. Entire community of unwise of the world miscomprehend the authenticity of the material world because of their foolishness about the scientific existence and incapable of comprehend all the created things as they really are. Following and believing various kinds of superstitions dominating sensual lust and craving depending on harmfulness owing to bound them all to the web of unhappy existences enduring the continuity of suffering.

All of the ordinary are the prisoners in the material world waiting for quest of their needs till find and meet them. But unfortunately it will never come true and have to die them all in the prison itself. The craving for the sensual lust is the prison of the “self” which unable to escape from it to visit the outside of the self of the prison surrounding all around them to comprehend the way of things as they

really are. This is the common destiny of the human beings in the entire human world as same with as the rest of other world. The prince Siddhartha also had to be a virtual “prisoner of the royalty” in the royal palace under authority of the King Suddodana. As long as even though He had to persisted in closing His mind and heart for the universal sufferings and pain surrounded Him on all around outside of the palace prohibited to visit by the royalty. Having physical beauty of the prince Siddhartha had to remained with His young and handsome luxurious royal life till the time and fate allowed Him to do things He needed.

However, He was able to escape from the prison of “royal self” by abandoning all of the luxurious of the royalty with His near and dear once of the palace for the sake of freedom from the older ageing, decaying, sickness and death. But according to the experiences He cultivated and accumulated in His previous uncountable births in the long runs of the existences destined Him to become a Buddha.

So, the prince Siddhartha after His great renunciation from the undeveloped and unauthentic version of himself incapable of progress and spiritual insight, renounced from the royal life trapped Him in a “self” of the “royal prison” had overcome the ignorance and folly of the world, getting free from the prison of the misery, sorrow and pain, the total self-abandonment had awakened spiritually, attained supremely enlightenment of the Buddha hood.

The “self” is the main reason of the existence of the source of the relinking process of rebirth and death of the living beings and the main matter for the existence of sorrow and pain. Getting free from the “self” is the fundamental of the liberation leading to the state of deathless condition. The main three visions which are depending on the “self,” the effect of the constructive power of the mentality based on for the feeling of the “self”. So, the “self” is the result of the constructive effect of the spiritual power of mentality completely depends on coordination between both mentalformation and physicalformation of the living beings. The physicalformations are basically constructed with the component material and mentalformations the spiritual formations completely are consisted with the Electrostatics component signs of the compound materials.

The constructive effect of the “self” formulated under sensual lust of the mental and physical contact cause for the existence process of the living beings. In these respects, spiritual power, the constructive effect of the mentality depends on the illusion and craving of the ordinary people of the world, behalf of their continuity of the scientific existence of the sufferings.

The four Noble Truths, the spiritual path of the world formulated for the total “self-abandonment” leading path to the freedom of the mind coincides with the Eight Noble Path the path of spiritual for the “self-abandonment” of the ordinary people.

The “self” is the prison of the existence, jailor is the fearfulness. The hatred, sense desires, restlessness, torpor and pride are the helpers that help to the prisoners to live there. The prison is locked by the padlock preventing the prisoners to escape from the prison. The padlock which is locked the door of the jail, is the illusion. He who escapes from the prison of the “self” is only the wise but not the unwise. He who escaping from the prison means getting out from the “self” and the breaking through the padlock means breaking through from the illusion is the “Right Vision”.

The attainment of the right vision basically depends on total abandonment of the feeling mentality of “self” through the spiritual process of Eight Noble path. In this matter all those who are quest of freedom to relief from the suffering should alleviate the feeling mentality of the “self”. In this respect all of the eminent the wise should abide by to follow the following steps individually in order to the first step of liberation, the sainthood of stream winner, he who has to follow and abide by,

1. Salutary friendship (Noble companions - the wise)
2. Listing the doctrine in Eternal Truths.
3. Awareness (practicing present nature of mental power)
4. The Noble discipline codes of moral conduction.

### **3.1.1 SALUTARY FRIENDSHIP (NOBLE COMPANIONS - THE WISE)**

The ordinary those company with unwise cause for their mental and physical destruction in this birth and thereafter throughout their process of existence. Those who company with wise friends cause for them the most important occasion that had been happened than other occasions in their life time. The wise friend is useful than other ordinary friends to make company with them. He always instructs others to conduct their life according to the correct rules and regulations due to abide by for the sake of benefits in this life and next.

The wise are able to direct others to the path of wholesome actions not to the path of unwholesome actions to get free from the path of illusion. They usually instruct others to cultivate skillful deeds behalf of their freedom from the sorrowful process of existences. In these matters the unwholesome deeds formulated by unwise directing them to the ignoble path of lay-folk for the suffering in both this and next life. The wise friends always guide the ordinary people to prevent them from the unwholesome actions instructing them to follow the Eight Noble path the path of freedom.

The wise (priest / monk - who followed Eight-Fold path successfully) knows the true nature of the world how to exist and originated it. He knows about spiritual structure

of the living beings how does it formulate and exist, behalf of the process of rebirth. So, they indeed advise their followers to follow Eight-Fold path, to get free from the sorrow. The wise who having experience, by following the Noble path, theoretically and experientially they know the correct way to the liberation, and advise others, how to come into the middle path, according to their experience of the result of the Noble path, leading the followers also due to liberate from their mind.

The wise should associate the intelligent and eminent of Noble Truths, are able to instruct to the ordinary how to follow the path of freedom theoretically and practically to obtain the comprehension of the wisdom. The wise who must accept and follow their instructions if they wish to follow the way of liberation should not accept and follow the instructions of unwise who are not follow the Eight-Fold path to get free from their mind. The supreme Buddha is the most and the highest Noble companion of the world than other companions of the world. The perfected one and the wise who followed the Eight-Fold path successfully are suitable to company with them.

Those who have followed the Eight-Fold path, developing insight meditation with highest morality and highest mentality, are the good and true friends, useful to make company with them. Those who are unable to understand and follow the middle path of course they are not good friends to make company. Those who follow the unwise

company as wise company, unable to get free from sorrow pain process of existence, and are still in danger of their mental liberation.

Most of the unwise (layman / priest / monks - who without followed the Eight-Fold path successfully) pretend them as if were the wise and advise other unwise to follow defilement path and different kinds of wrong visions, wrong views and ideas and logical, by explaining the way and their doctrine. Those associate the unwise company they will have to lose their spiritual progress at all. As the wise people who followed the Eight Noble path must not accept and set them aside. So, unfortunately all of them are indeed unwise of the ordinary world, without understanding the scientific process of the law of the nature, the cause and effect qualities of the existence preached to the ordinary people by the supreme Buddha.

## **A Spiritual Science**

*Buddhism is, on the contrary, a system of thought, a religion, a spiritual science and a way of life, which is reasonable, practical and all-embracing. For 2500 years it has satisfied the spiritual needs of nearly one-third of mankind. It appeals to the west, insists on self-reliance coupled with tolerance for the other's points of view, embraces science, religion, philosophy, psychology, ethics and art, and points to man alone as the creator of his present life and sole designer of his destiny.*

**- Christmas Humphreys -**

### **3.1.2 LISTING THE DOCTRINE IN ETERNAL TRUTHS**

The doctrine, the supreme Buddha preached to the world is the scientific phenomenal of biological world the process of the existence and its origination under the power of Electrostatics with materials. The wisdom is the only subject of the science, consisted theory of the deepest scientific qualities of the existence and the scientific qualities of the extinction process of the suffering. The doctrine of the scientific formation of the existence of the biological world that extremely profound and too much subtle to think and to understand those who overcome by the illusion.

Most of the unwise, the ordinary, express the doctrine plentiful of wrong visions, as true doctrine, the unwise followers also who acquired them due to their blind devotion, agree and follow their instruction, finally all of them have to get birth in the unhappy destination through re-linking process of existence.

All should understand the doctrine of the scientific nature of the existence between world and universe, which is delivered to the world by the supreme Buddha. Those who are in the middle path, they can preach the doctrine as same as the doctrine of the supreme Buddha. The supreme Buddha advised the people to listen the doctrine, that everyone preach, but don't follow or agree or believe them.

He advocated the people who wish to follow the doctrine for the liberation, that after observation and analysis when anything found that which the thing agrees with the matter and conducive to the good and benefit of one and all then accept it and live up to it.

The supreme Buddha delivered the doctrine about the true scientific nature of the world which is originally exists under the power of Electrostatics. The scientific existence qualities of the living beings are the true and only process of the world that is unable anyone to research and analyze. The supreme Buddha understood the scientific process of the world without using physical body organ, but with His liberated mental power. The wisdom that supreme Buddha preached, one and only the most advanced scientific subject of the existence process of the world. Other religions or subjects are not available in the world, approaching this endeavor even today to explain about the function of the mind how to exit and originate it in the physical body directing the re-linking process of sufferings.

The unwise unable to listen the doctrine in Noble Truths and don't know the true process of existence which is situated with them. So, they are unable to listen the doctrine and unable them to get free from the existence. As human beings, all must offer their sufficient effort to hear and to understand the discourses that preached by the supreme Buddha explaining the four steps of Noble truths with the

correct instructions and the path that has been illuminated to reach to the Eternal bliss of Nibbana which should be acquired by the wise who comprehend the Ordinary process of re-linking qualities in which have been eradicated fully.

### **No unkind word**

*There was never an occasion when the Buddha flamed forth in anger, never an incident when an unkind word escaped his lips.*

### **Dr. S. Radhakrishnan**

#### **3.1.3 Awareness (consciousness -Thorough attention)**

Universal power of Electrostatics force and elements of material (substances) reacted and produced all of the component materials such as human, animal and plants. As a results, all of the component material of the world including all kinds of living beings are created by the constructive spiritual power, the resultant power of Electrostatics force, active scientifically, Electrostatically and spiritually in order to exist the existence of the living beings including human and animal both.

The five signs of Electrostatics power of component material such as color signs, sound signs, smell signs, taste

signs and physical body skin feeling signs are the results of constructive power of Electrostatics. The mental power which is created by the physical body of the living beings is the spiritual constructive power of the Electrostatics force. Every constructive power reacts and active scientifically under certain scientific qualities that produce the process of existence properties of the living beings as the mentalformations. The existence process of the living beings fully depends on the process of constructive spiritual power under supreme qualities of Electrostatics force.

The constructive power of the mental power active and react and transform its power of origin into the power of feeling senses for the wrong vision. The miscomprehension of the scientific process of the spiritual power of mental that caused by the illusion of the wrong vision of the ordinary people. According to the spiritual process of the qualities of the mental power cause for all of the living beings to formulate the mental factors as mentalformation, the spiritual qualities of the existence for the process of rebirth. Every mental actions and its own power originally deal with to formulate the spiritual source of the five aggregates for the mentalformations. The mentalformation which approved by mentally cause for the re-linking process of suffering of all the living beings. The spiritual constructive power generates its own power originally when the mind power and physical body active together in the same time. The Astral body the effect of the

spiritual constructive power of mental power regenerates the spiritual life the spiritual power of Electrostatic plan of the living beings in other forms of existence through the process of rebirth of the re-linking process of sufferings, according to the qualities of cause and effect.

The Electrostatics signs that emit from the conditional things of the environment, contact with five organs of the physical body, contact with the mental power also in the same time. When the mental power contacts with the signs of color, sound, smell, taste and contact feeling of the physical body sensation and causes for the mental power also to responses only for the sensation of the mentalformations that stored previously through the sense desires. These mental factors consisted with the five signs that contacted with physical organs under sensual pleasure, making the spiritual structure of the living beings as the mentalformations the imagined mental images of five signs of the component materials cause for the spiritual existence of the living beings for the spiritual process of rebirth.

The spiritual process of rebirth exists due to three evil desires subject for the pleasurable perception of the spiritual qualities of the mental power caused by the illusion of the unwise people of the world. In these respects, the spiritual structures of the mind entirely formulate of their own constructive qualities of the mental power in order to exist their existence as human and animal beings. The mental factors, categorized by mentally according to

the scientific phenomena of the scientific process of the existence within the qualities of Electrostatics force. All of the qualities of the mental power stored by the constant sensual pleasure through wrong vision, soul vision and self-vision in order to exists the existence of limitless quest of craving and hatred under the constructive power of mental.

All of the mental factors the mentalformations have been prepared in the period of past time approved by mentally through three evil desires. The five signs of component materials which are grasped by the human and animal through sensual pleasure of their speech and actions by physically and mentally which they use their memories of the mentalformations under power of illusion. The five grasping signs of mentalformations the unit of five aggregates active as memories, thoughts, views, ideas, opinions, visions, believing and as logics through the process of mentality. All of the hoarding memories of the mentalformations of the living beings belong to the past time. All of the human use their memories to remind them in their day to day life allowing them enter into the mental process to think them to speak and to the physical actions behalf of their existence of the living span.

When the mental power active to response to the bodily contact of component material it combines with bodily feelings and it responses only to the pleasurable feelings which stored as mentalformation through illusion and

craving by the unwise people and other living being too. Physical body active when combine it with mental power. When the physical body gets inactive (sleeping time, or sudden shock of the body and when using liquor and anesthesia) mental power gradually decrease in to a certain inactive position. The mental factors, the remaining memories of three evils desires grasped through the perception of the constant sensual pleasure, the source of the cause for the process of rebirth.

The mentalformations, stored under the power of sensual pleasure in the mind, are the basic spiritual properties for the process of rebirth. They are stored in the mind power as consisted power of “feeling signs of pleasurable perception” under coordination of the mental power, the constructive spiritual power of the living beings. The process of the mentalformation completely formats under power of spiritual Electrostatics force as memories stored in the mind of the living beings using them of their day to day life to exist their life cycle continuously. These mental factors of the human beings, categorized and stored in the mind, cause for the mentality of wrong vision, soul vision, and self-vision. The constructive mental power is the only highest power of the world and universe. The constructive power of mentalformations are developed and constructed by the living beings of their own supreme power to exist the existence limitless period of time, leading them into the miserable life cycle in the four states of woeful existences to get rebirth.

The power of mental, the constructive spiritual power of Electrostatics force of the mind and physical body, active and behave in the three duration of time. They are the past time, present time, and future time. All of the mental factors which are stored as memories, deceived the ordinary people to follow craving and hatred as self for fellow beings, as self for soul and as self for craving.

The qualities of awareness, the inactivation of the past and future mentalformations, not caring them as one's assets, depending on the effort of one's constant determination, under the power of wisdom. Then the mental power directs to the present moment to exists by giving up all of the memories its past and future without using them to remind and to think.

In these matters those who pay direct attention to reject and abandon the past memories as the past, and future memories as the future leading to the concentration of the mind paying thorough attention into the present time and think and see the present moment as it really is. As a result, the experience of the mental process of the present moment actively clam and serene to think and to remind repeatedly. This is the first releasing experience of the "self" of the spiritual qualities of one's own life, abandoning past and future mentalformations which are due to get rebirth in the next.

In these matters caring about the present moment furthermore not to go to the past and to the future, without thinking about any other issues outside that have been followed. This is the way directing to the routine stands along with alertness and awareness due to develop to tame and obedient the mind. It will settle gradually and steadily become more and more awareness within. This is the greatest moment of “spiritually releasing” the outside experience of the “self”. Finally, to become the state of self-consciousness, the path of becoming in to the outside of the “self”, the total self- abandonment the process of one's own spiritual relief from the sorrowful re-linking spiritual process of rebirth and redeath. Those who practice this method the awareness of concentration the spiritual path of mentality leading to refrain from the past and future mentalformations formulated for the spiritual process of sufferings.

By practicing this spiritual process of awareness the contemplation of the present moment of the mental power through paying deepest attention to the mental status in order to extend the process furthermore through the respiration in and out. Then continuity of the mental status in the present moment cause for directs the condition of the concentration of the mental process without turning them in to the past and in to the future memories of the mental process. As a result, developing the concentration of the mental status in present moment through the process of inhale and exhale of the process of respiration, develops it in certain extend furthermore to become constant. This

process should be deal with only in practically but not theoretically.

Attaining experience of the total self-abandonment of the mentality directs to relief from the sufferings formulated in the period of past time completely deal with to develop the spiritual progress of the present moment experience of the mentality. This is the spiritual process that has to practice for the experience of the scientific nature the qualities of the mental process as they originally are. As a result, all of the mental and physical actions which are supposed to do in present time of the mentality indeed are subject to do orderly and accurately and deeply as they are as originally. This is the preliminary path of spiritual progress of alertness leading to make the path of concentration of the mind. All of the wise who wish to attain the awareness and alertness they have to abandon and detach the mentalformations formulated through illusion and sensual lust unwisely. Then the mental status gets free from different kinds of information of the memories and visions and logics which are categorized through three evil desires illusionary. The awareness of the mental status cause for all of the wise to control the “self” leading to the self-control even though the ordinary really need to enhance their own sense of “self” which all of them cherish but does not exist naturally.

The mentalformations that grasped by mentally through illusion and unwisely active and exist and depend on all of the unwholesome actions followed through in mentally through speech and physically cause for to active in the present moment of the mental process continuing their

living process regularly. According to this the unwise are unable to practice this present moment experience the preliminary spiritual process of the mental power, without getting out of their ordinary process of mentality.

As a result of spiritual process of awareness that activating in the present status of the mental power can be directly applicable with the actions mentally or physically which supposed to do in the present time, without allowing enter into the past and future memories to the present mental status which would have been activated. Those who are willing to follow and try to obtain the spiritual experience through this process it might have been practiced regularly. This is not the way of ordinary process of the mental power which is worldly people who use to follow usually for the process of sufferings.

Those who practice the contemplation of present moment of the mental power cause them to develop the mental power to active and tame only in the present moment without using memories. Then they can gain the experience of the present moment as it originally is. Then mental power active without using mental factors causes to develop the awareness, the experience of consciousness. This is the correct way of mental process, rejecting, removing, abandoning and enacting the past mental factors, so as to exist the present moment attending only to the contemplation of the process as long as it can exists furthermore establish. This is the main and only way to practice the mental power basically turn it to exist into the true existence, by commencing the basic state for the liberation of the qualities of the mental process. Those who

develop the awareness through contemplation of present moment; he is the most active and most powerful human being of the world. As a result of this process he can control and conduct his powerful mental power directing to the happy destination, finally to the ultimate goal.

Those who aware of the present moment, they can aware of the true nature that exists all around them. Then they can enquire into the existence stands along with sufferings caused for them to get rebirth. Because of awareness makes the person, the additional leisure of his mental status to develop the authenticity of the spiritual process, leading to prepare the mentalformation to get birth as a human being. Then he can improve the process of right vision by himself to research the existence of his living process, how to originate and exist to suffer the re-linking qualities of sufferings.

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Those who are out of this process, indeed the ordinary, continuing their existence unwisely, are common with

same behavior that of with the same mental formations of the animal beings. This is the basic disciplinary way of awareness, attending for the liberation of the mind. As a result of awareness, the wise can always pay his present attention of alertness that can be applicable regularly to the rest of other physical and mental experiences. This is the most advanced way of disciplinary of moral conduction that the foundation of the extinction of suffering and ordinary can easily practice this process for the sake of freedom of their mind.

Those who wish to acquire the awareness of mindfulness, the psychic power of insight knowledge of wisdom, the one and only main power for the spirituality that leading to the attainment of freedom. For the right conduction of the mentality of the mental power should be kept in clam and empty into the bare attention by rejecting past and future memories as long as until can it exist and should not be aware of thinking of the memories of past and future that leading the mental to be kept its own existence in **“awareness of mindfulness”** – *Sathipattana*. For the present moment experience that should be developed furthermore without being aware the past and future memories which had been grasped by the process of illusion of the ordinary people.

Those who active for their present moment of the mental status by thinking the memories which are categorized through three evil desires, indeed they are in unconsciousness and unawareness of their present moment. This is the usual process of unwise of the ordinary world with the constant membership of the existence

through the process of rebirth. Without experiencing the present moment, the ordinary unable to control their mental status with good and pure condition, are usually suffering from so many fearful mental illnesses such as anger, hatred, enmity, harmness, envy, violence, crueling. These are some of mental pressures, mental disorders and depressions of the ordinary people who always live unawareness and unconsciousness activating their impure mental power through evil desires. As the result of these mental illnesses every person has to face their physical disorders such as heart attack, paralyze, diabetics, cholesterol, hypertension, cancers, leukemia etc. These physical illnesses completely depend on because of mental illnesses, which are unable to cured them permanently by using medicine but the spiritual path of awareness and alertness adapting to the needs of the ordinary people to prevent from such disorders afflicted as referred to above of their mental and of their physical too.

All of the wise people who wish to follow the awareness, the basic attention for the process of meditation of respiration and meditation of concentration and meditation of insight, directing them into the spiritual solution for the liberation process of the mind.

## **Sectarianism**

*Most neophytes of some other religions are Controlled by their  
Guru and are forbidden to read the scriptures, doctrines,  
magazines, booklets and tracts of other religions.  
This very rarely happens within Buddhism.*

**Phra Khantipalo,  
"Tolerarice"**

### **3.1.4 The Noble discipline codes of moral conduction**

The main spiritual power of the mental power when it activates in the present moment through awareness, causes for the concentration of the mind power leading to the process of liberation. The concentration of the mental status the paying direct attention to the present moment cause for the awareness of the mental process that can be applicable for every physical and mental actions supposed to do in every moment in day to day life. The process of awareness, unable to stands and exist by itself furthermore without following moral conduction. By following the process of awareness with moral conduction subject to comprehend the right - vision the wisdom that stands along with the process of liberation.

The constructive spiritual power of mental is supremely sensitive to the constructive power of all the component materials, cause for the existence of the living beings. The scientific process of the constructive power of mental power that subject to the re-linking process of rebirth of the living beings cause for the continuity of their existence of the suffering. Without practicing moral conduction, concentration and awareness it is not the way to develop and constant with full of benefits for the final success. Awareness and moral conduction both should be practiced and conducted together, directing the way to the wisdom. The basic stage of Eight-Fold path commences with moral conduction with five precepts, the basic five abandons of the ordinary process of living span. Primarily one should get courage and severe determination to abandon the maximum pleasurable sensual feeling of the body organs

into minimum level owing to destruction of passion, mainly course for the discipline the livelihood of self-control.

The path of liberation of the existence leading to the cessation of sufferings, which is rejected from two extremes, the addicting to luxurious lifecycle and addicting to self-mortify lifecycle, has explained the way how to get rid of these two extremes and how to tread the path of freedom to the ordinary world by the supreme Buddha. The middle path basically depends on moral conduction with five precepts the preliminary abundance of the ordinary people for the entrance of the spirituality. Beyond these five precepts those who wish to attain the wisdom they will have to follow laity ten precepts, novice ten precepts, higher ordination precepts and thirteen of ascetic rules of purification practices. Every living being, limited their worldly comprehension only to the direction of their eye, nose, ear, tongue and bodily feelings. They don't have any comprehension about the unseen spiritual existence beyond than these experiences of five organs. Then they are usually response and active only to these five organs, but do not know how to response to the spiritual existence the invisible power of component qualities of the spiritual worlds as they truly are. This is the main factor for the ignorance, the way for unwise of the ordinary world.

Without comprehending the true nature of the worldly process of the existence that out of the teaching of the wisdom cause for all the worldly people who have to miscomprehend the scientific nature of the world, lack of their poor knowledge of the wisdom. The worldly people

who are out of the way of wisdom, as a result they deeply addict to the maximum level of sensual pleasure which constant the mental factors as mentalformations leading to the process of rebirth. The ordinary people who are out of the way of freedom, they have to follow regularly the ordinary way of suffering by following the feeling sensation of the sensual lust in order to constant the process of suffering. As a result, the five aggregates are prepared as mentalformations which are approved by mentally. The Noble moral conduction, the fundamental disciplinary stage of the mental process, makes the suitable entrance to the Eight-Fold path. Every living being through their worldly process, are limitless usage of sensual pleasure, cause them to store more signs, as mentalformation existing all around them. Then they have to use their process of mentalformation, entire day to day life time for the sake of their continuity of existence. The worldly people usually live depending on illusion cause them to sustain the three evil desires caused by the process of suffering.

The Eight Noble path which relief from two extremes the constant sensual pleasure and self – mortification basically begin from five precepts, subject to limit and control the addiction of sensual pleasure, so as to direct the person to the state of self-control. The constant power of self-control causes the people to cultivate the wholesome qualities for the process of emancipation. Those who are out of the moral conduction, the path of mundane, following three evil desires for completely same them with the behavior of the animal beings, cause them to obtain sufficient experiences to get rebirth in animal beings existence to be

an animal, after their death. The worldly people who usually follow these three evil desires, developing lust, craving, bodily attachment by following hatred, enmity, envy, anger, harmness, completely direct all of these human beings into the four unhappy destination including animal beings and ghost spirits after their death.

By following the way of sensual pleasure, the fundamentals of the basic process of suffering of the living beings who have to follow the way of illusion to prepare the impure mental factors as the mental formations, completely suitable and direct them into the sorrowful existence. The process of mundane which directs to develop lust causes for the developing of hate. Developing hate inversely causes for the developing of lust. As the final result of this process, the ordinary are unable to get rebirth in the human world after their death again but can get rebirth in unhappy destination such as animal beings, ghost spirits, etc. Without following the moral conduction according to the steps of Eight-Fold path, all of the ordinary people have to follow much difficulties to get rebirth in happy destination such as human world, Gods and Brahman. But it's so easy to get rebirth in animal beings and ghost spirits in the unhappy existences.

Those who follow the constant sensual pleasure are automatically follow the illusion hatred through physical and mental attachment. Then they unwisely and unconsciously destine to finish their period of life time in the human world with their spiritual power of mental formations which are in same existence qualities of

the power of animal beings. Then they have to get rebirth another form of sorrowful existence to continue miserable life cycle in unhappy destination mainly in animal being and ghost spirit etc. The worldly people who follow the path of mundane are equal with animal beings' existence are unable to obtain the wisdom for the liberation of the mind from the miserable existence. They are unable to achieve the final result due to lack of comprehension of their life style caused by illusion. They are actually in much danger in the process of rebirth in unhappy existence which all of them obviously have to go after their death.

The liberation path, the Eight-Fold path, consisted with Noble moral conduction with Noble precepts. The main goal of the Noble path is to get rid of the people who destine to go after their death of fearful existence such as animal beings, ghost-spirits and many others. According to the result of this Noble moral conduction, based on self-control, completely directs to the end of the sufferings, the final achievement of mental process of the existence. Every ordinary people of the world are usually out of the middle path cause for the different types of forms of conduction of their own living method. All of the living being exist their life time accordance with their own conduction of their behaviors. All of the living beings specified naturally are divided into different kinds of group of beings according to their own behaviors, cause for the variation the world and universe. Animal beings also exist their mind power under controlled by the mental power as same as human beings. The mental power, the constructive power, the only "power organ" of the living beings is the main power unit of the

Astral body which is the Electrostatics spiritual plan of the living beings that cause for the process of rebirth and redeath.

Those who follow and observe five precepts, the basic Noble moral conduction specially suite and designed only for the human world, so as to protect their mentalformations that are usually prepared by them same with the mentalformations of the animal beings, through ignorance. By observing the precepts one can make the way of self-control of their mental behavior not to reach to the animal being existence. The five precepts, the constant and basic Noble way of principle makes the preliminary access for all the human beings to protect their mental behavior of the mentalformation not to same with the animal being mentalformations leading to the process of rebirth in happy destination such as gods, human and Brahmas.

The Eight-Fold path is based on with a view to purify the main spiritual power, the mental power, through moral conduction to relief from the three evil desires. The Noble path basically depends on with five precepts, preventing the people from the danger the process of rebirth in unhappy destination. All of the ordinary people who do not observe five precepts indeed have to get another form of existence through the process of rebirth, mainly as animal beings to be an animal, ghost spirits so on. The spiritual process of the Eight-Fold path the disciplinary way of self-control the only spiritual way of purification the mind and mental power leading to the path of liberation.

The five precepts of the five abandons, the most and powerful basic stage of the process of Eight-Fold path entirely base on their own spiritual experience for the final result of wisdom destined to further along the route to enlightenment. All those who wish to attain the final goal primarily should comprehend and observe the five precepts the five abandons practically without any break. This is the primary step, experiencing the Noble path leads the people to meet the liberation and yield a valuable return because it ensures the happiest existence after their death. The spiritual nature of the mind active with the power of sensation for the organs of the living beings, contact with five signs of component materials, the scientific qualities for the mind power of the living beings. According to this scientific process of the mind power, every living being automatically exist their mental attachment of the constant sensual pleasure because of illusion of the miscomprehension about the true existence of the world. The process of mind directs its spiritual power to the existence of the living beings as mental formations for the process of rebirth. In case of this danger of the human beings, the supreme Buddha put over Eight-Fold path of freedom, with a view to release the mind from the existence. In this matter, the Noble moral conduction, the disciplinary way of middle path, the one and only liberation path of the world, that can be followed and achieved only by the wise cause for self-conscious of the law of nature.

All those who are without observing the fundamental disciplinary code of Noble moral conduction of the five precepts, the five - fold impurities, completely subject to get rebirth in the process of suffering in the unhappy

miserable existence. Those who observe and follow the Noble moral conduction, basically with five precepts they don't prepare the evil desires and impure mentalformations that of with same as animal beings, behalf of the process of rebirth in animal beings existence to be animal beings, including hell, ghost spirits and demy-ghost.

The five precepts, the beginning step of moral conduction, the main disciplinary process of the Eight-Fold path subject to make the access to develop one's self control. This is the fundamental spiritual process, leading to abundance the preparation of mentalformations that are same as with animal beings mentalformations prepared by the sensual pleasure, because of illusion. Those who do not observe the five abundance of five - fold precepts according to the Eight Noble path which have been constantly formulated to the mentalformations that as same as with the mentalformations of animal beings', they can be never get rid of its power of rebirth of animal beings' existence and obviously have to get rebirth in the state of animal beings' existence. To relief from the mentalformations of animal beings' structures of the mind, the only way for the wise who can understand to follow the Eight-Fold path but left behind by the unwise.

Those who are out of the moral conduction are completely same with their mentalformations that of with the mentalformations of the animal beings, and both of their mentalformations trend to the same process of rebirth in same existences such as animal, ghost spirits to suffer the suffering furthermore. If one believes that all of the people are able to get rebirth after their death in heaven or world of

gods or world of Brahman, it is impossible and will never happen so. Most of the people of the world who are out of the Noble path without following moral conduction get rebirth constantly in unhappy existences, such as animal beings, ghost spirits and evil ghost and hell.

The Noble Eight Fold path commences basically by observing five precepts of the five impurities. The wise who wish to acquire the experience of the path progress of the Eight Noble path they should avoid five-fold sensualities fully, the ordinary process of existence of the human being. Those who are unable of abundance the five-folds sensualities without morality and devoid of virtue they cannot enter into the Noble Path to tread at all.

The codes of moral conduction of the Eight Noble Path direct the wise into the spiritual solution of the spiritual qualities of the mind. The codes of moral conduction of the Eight Noble Path consists several stages specified both for the layman and monk behalf of their purification for the attainment of freedom. The five precepts of the five-fold abundance the beginning step of the Eight Noble Path directing to the end of the precepts of ascetic rules of purification practices by following its several steps of qualities of purification stages. Those who are without following the codes of moral conduction are unable to attain the psychic power of wisdom and liberate from their existence.

The real and ultimate goal does not consist in purification of morality, or of mind, or of view, or of vision etc. But in total abandonment and extinction qualities which practiced

through mentally and physically cause for the final success of liberation.

The way for the total self – abandonment of the spiritual releasing of the scientific existence qualities of the mind depends on seven (07) kinds of purification steps.

- i. The purification of morality.
- ii. The purification of mind; its goal.
- iii. The purification of view; its goal.
- iv The purification of overcoming doubt; its goal.
- v. The purification of knowledge and vision of what is path and not path; its goal.
- vi. The purification of knowledge and vision of the path progress; its goal. (This is the first result of path progress of supra-mundane knowledge of stream winner)
- vii. The purification of knowledge and vision associated with super-mundane path consciousness. (This is the second result of path fruition - awareness of mindfulness - of supra-mundane knowledge of stream - winner)

The goal of seven purification steps as referred to above are the abandonment, extinction, leading to free from all of the clinging objects cause for the status of mental and physical purification for the right vision of the wisdom.

Those constructed their spiritual life by aggregating the mental formations, following three evil desires through the contact of physical body cause for them to continue their

re-linking process of suffering. Then the ordinary people use their spiritual power, the mental factors contacting with the physical body to exist the life cycle duration the period of birth and death. This is the scientific process no one can easily to understand how to formulate them to be human beings under the law of cause and effect of the existence. By following the meditations of respiratory, loving kindness, concentration, insight meditation and mindfulness are the spiritual experiences for the path of liberation, one should be achieved. The physical actions should be under self-controlled by the Noble moral conduction, observing all of the precepts, indicated for the middle path deeply and without any break, are the physical experiences of the Eight-Fold path, one should be practiced. To achieve the liberation process of the mind which caused by the wisdom, completely depends on with physical experiences with moral conduction and spiritual experiences with process of meditations, both experiences should be perfected in practically for the spiritual solution.

According to the existence process of depending origination of the cause and effect qualities which is the basement of the spiritual existence of all of the living being human and animals. The opposite way for the cessation of the existence is the way opposite to the way of existence, the backward process of the cause and effect qualities, is the Eight Noble path. According to the depending experience of morality, covering all of the precepts that acquired practically originates it as an effect of the mindfulness. When the mind power constant the experience of mindfulness depending it to the effect of its origination to the supremely knowledge of enlightenment of

wisdom. This is the process of Eight Noble path that depending its origination as an effect for the cessation of the suffering.

Lack of comprehension about the scientific and Electrostatic and spiritual process of the existence is illusion of the unwise people of the world. The ordinary unwise people who are following illusion cause for them to follow the unwholesome qualities of craving and hatred through mentality which are the formulation of mental formations. These spiritual dual functions of mentality are Electrostatic force of the existence process of rebirth, the continuation of suffering of the unwise people.

One who, seeks the mental freedom through Eight-fold path, the spiritual way of liberation, physical experiences and spiritual experiences both should be comparatively implemented practically to get fruitful benefits in case of liberation, from the sorrowful existences.

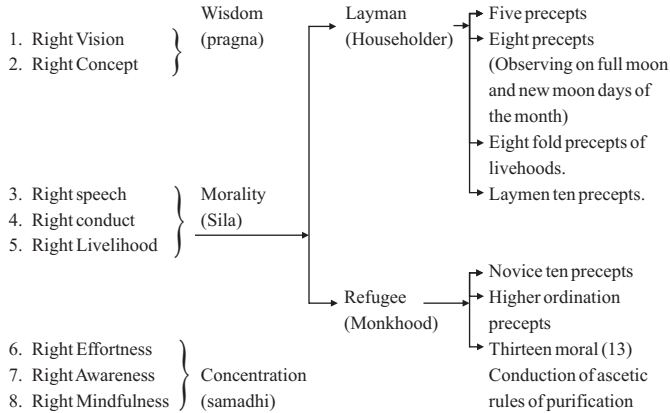
## **Fundamental teachings of the Buddha**

*Gentleness, serenity, compassion, through liberation  
from selfish - craving - these are the  
fundamental teachings of the great  
oriental religion of Buddhism.*

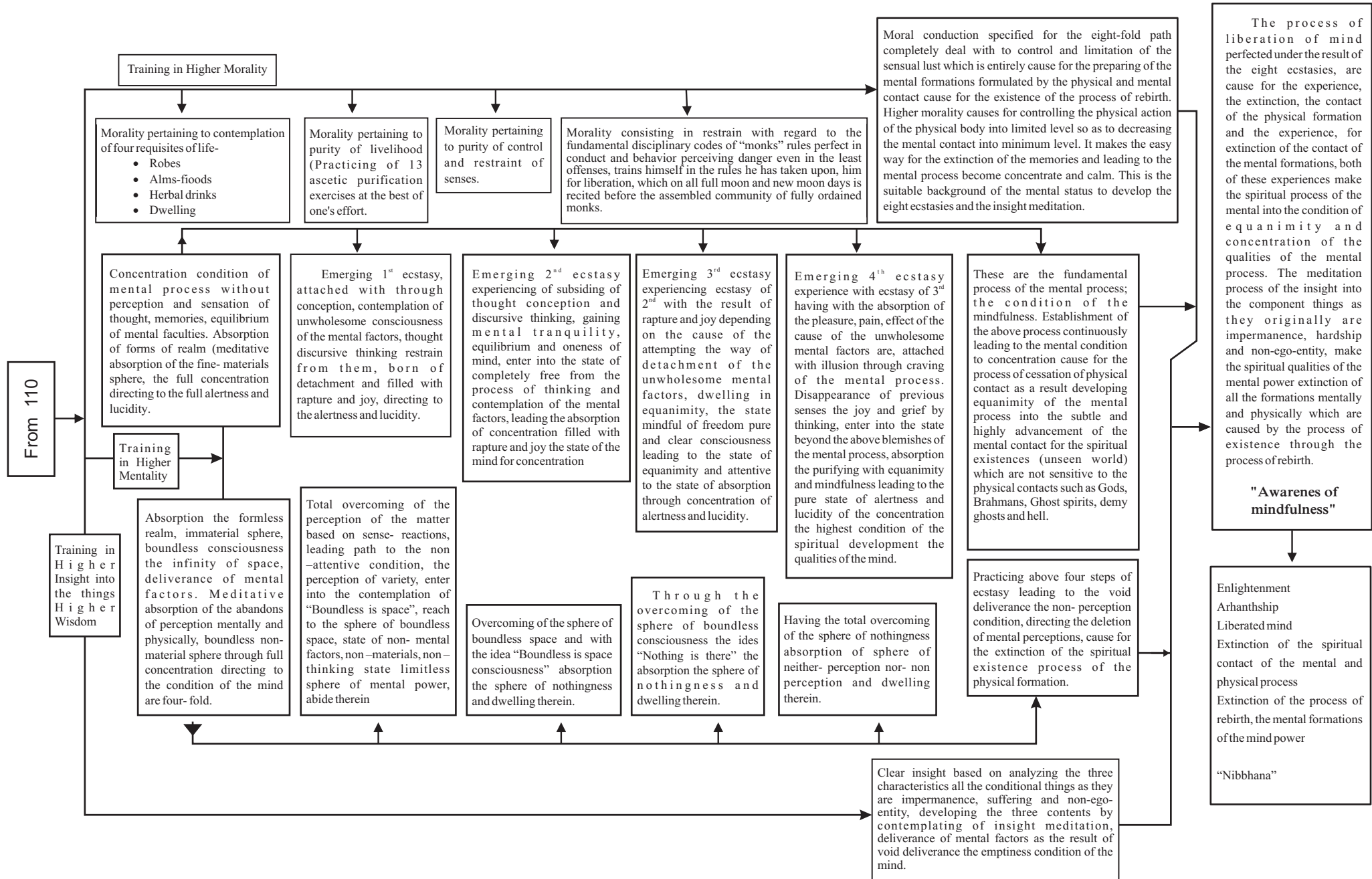
**- E.A. Burtt -**

**“ The Compassionate Buddha ”**

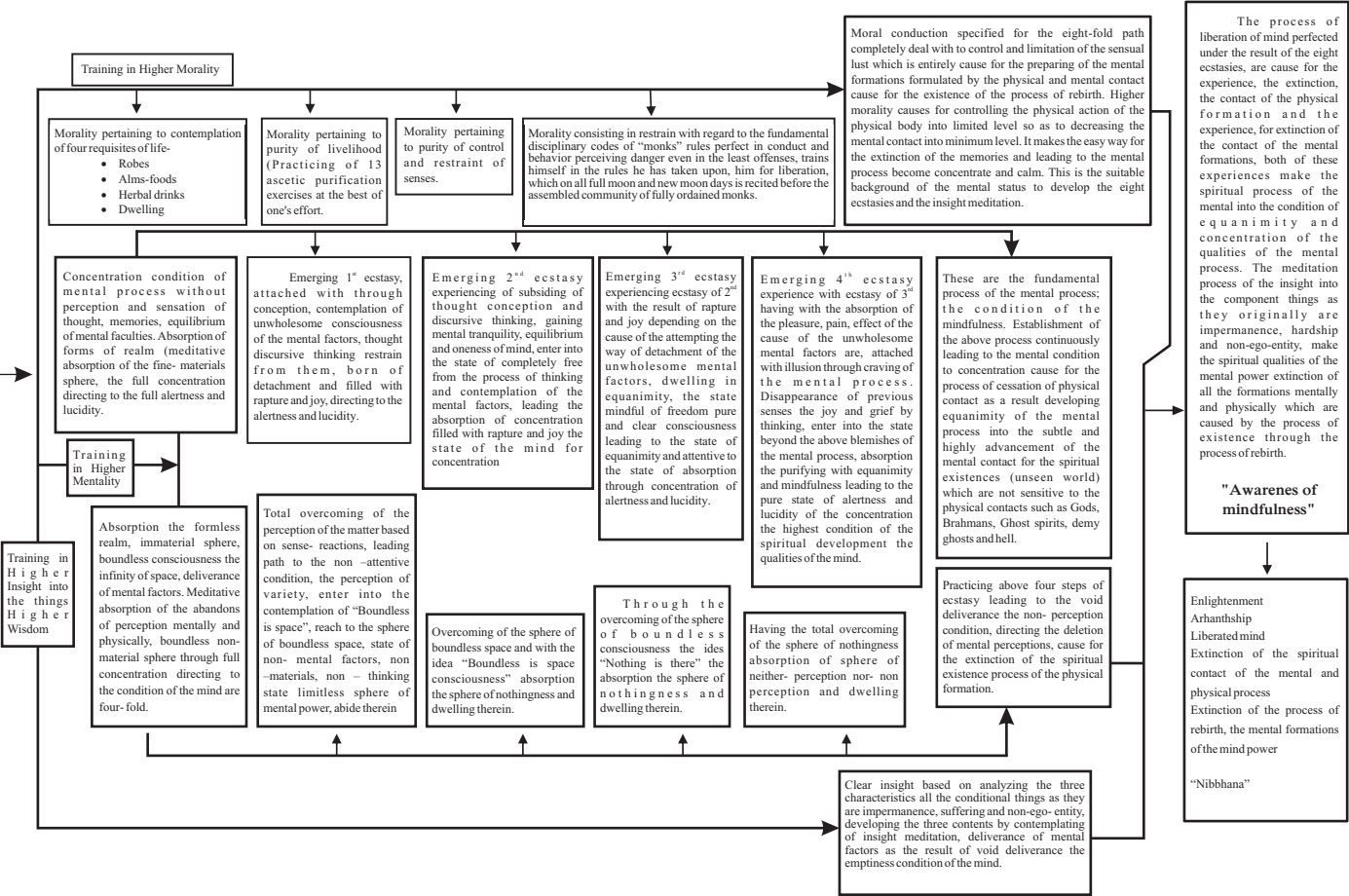
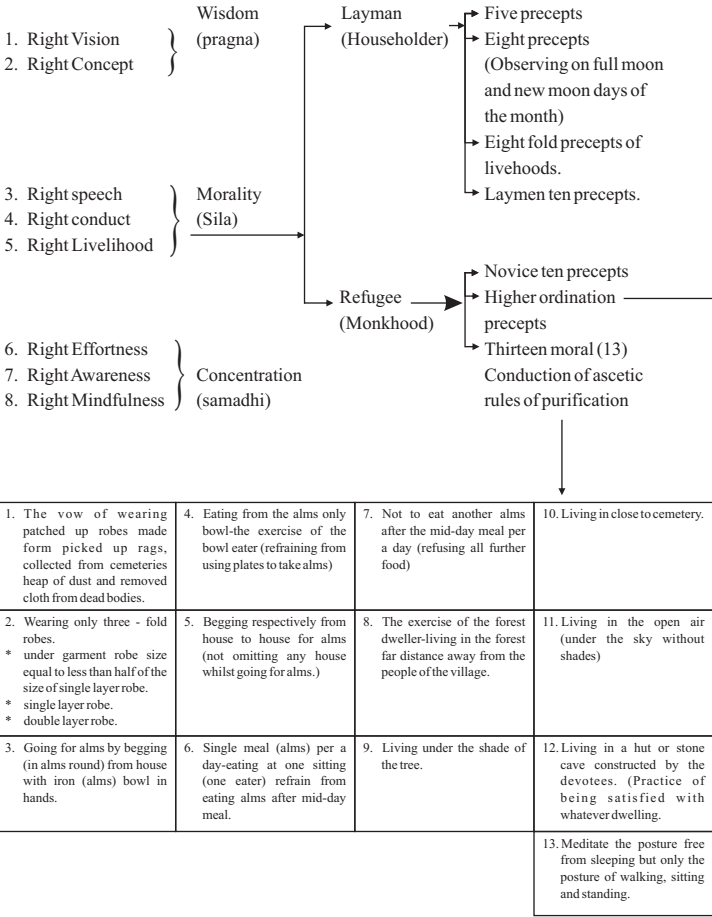
### 3.1.5 The Noble codes of Moral Principles of Eight fold Path



1. The vow of wearing patched up robes made from picked up rags, collected from cemeteries heap of dust and removed cloth from dead bodies.	4. Eating from the alms only bowl-the exercise of the bowl eater (refraining from using plates to take alms)	7. Not to eat another alms after the mid-day meal per a day (refusing all further food)	10. Living in close to cemetery.
2. Wearing only three - fold robes. * under garment robe size equal to less than half of the size of single layer robe. * single layer robe. * double layer robe.	5. Begging respectively from house to house for alms (not omitting any house whilst going for alms.)	8. The exercise of the forest dweller-living in the forest far distance away from the people of the village.	11. Living in the open air (under the sky without shades)
3. Going for alms by begging (in alms round) from house with iron (alms) bowl in hands.	6. Single meal (alms) per a day-eating at one sitting (one eater) refrain from eating alms after mid-day meal.	9. Living under the shade of the tree.	12. Living in a hut or stone cave constructed by the devotees. (Practice of being satisfied with whatever dwelling.
			13. Meditate the posture free from sleeping but only the posture of walking, sitting and standing.



The Noble codes of Moral Principles of Eight fold Path



## **The five precepts**

1. I undertake to observe the precept to abstain from destroying the life of beings (should be avoid from buying, selling and eating fish and meat of the animals killed by the men for the tasting pleasure.
2. I undertake to observe the precept to abstain from taking things not given.
3. I undertake to observe the precept to abstain from sexual misconduct (including homosexual, polygamous, hetero sexual and bigamy - should avoid from sexual misconduct even with the animal beings.)
4. I undertake to observe the precept to abstain from false speech.
5. I undertake to observe the precept to abstain from use of intoxicating drinks, molt liquors, wines, and beer - all types of alcohol and drugs.

## **The eight precepts**

1. I undertake to observe the precept to abstain from destroying the life of beings (should be avoid from buying, selling and eating fish and meat of the animals killed by the men for the tasting pleasure.
2. I undertake to observe the precept to abstain from taking things not given.
3. I undertake to observe the precept to abstain from all unchastity. (abstain from including homosexual, polygamous, hetero sexual and

bigamy - should be avoid from sexual misconduct even with the animal beings.).

4. I undertake to observe the precept to abstain from false speech.
5. I undertake to observe the precept to abstain from use of intoxicating drinks, molt liquors, wines, and beer all types of alcohol and drugs.
6. I undertake to observe the precept to abstain from taking food at an unseasonable time. (After 12 o'clock, herbal drink, congee, gruel, different kinds of nutritious fluid can be used for the pasting time when the condition of the body seems to be idle, pale or ill.)
7. I undertake to observe the precept to abstain from dancing, singing, listening and playing music, and unseemly shows, Tele-dramas, comedies, and from the use of garlands, perfumes scent, cosmetics and from things that trend to beautify, decorate and adorn the body of the person.
8. I undertake to observe the precept to abstain using from high and luxurious seats (couch).

### **The eight livelihood precepts**

1. I undertake to observe the precept to abstain from destroying the life of beings (should be avoid from buying, selling and eating fish and meat of the animal killed by the men for the tasting pleasure.
2. I undertake to observe the precept to abstain from the things not given.

3. I undertake to observe the precept to abstain from all unchastity. (including homosexual, polygamous, hetero sexual and bigamy - should be avoid from sexual misconduct even with the animal beings.)
4. I undertake to observe the precept to abstain from lying speech.
5. I undertake to observe the precept to abstain from harsh (vulgar) speech.
6. I undertake to observe the precept to abstain from the slandering speech.
7. I undertake to observe the precept to abstain from frivolous (useless) speech.
8. I undertake to observe the precept to abstain from misconduct of livelihood.

### **The ten precepts (Householder)**

1. I undertake to observe the precept to abstain from destroying the life of beings. (Should be avoid from buying, selling and eating fish and meat of the animal killed by the men for the tasting pleasure.
2. I undertake to observe the precept to abstain from things not given.
3. I undertake to observe the precept to abstain from all unchastity. (including homosexual, polygamous, hetero sexual and bigamy - should be avoid from sexual misconduct even with the animal beings ).
4. I undertake to observe the precept to abstain from false speech.

5. I undertake to observe the precept to abstain from use of intoxicating drinks, molt liquors, wines, beer and all types of alcohol and drugs.
6. I undertake to observe the precept to abstain from taking food at an unseasonable time. (After 12 O'clock (pasting time) when the condition of the body seems to be idle, pale or ill - herbal drinks, conjee, gruel, different kinds of nutritious fluid, fruits and vegetable can be used during the pasting time)
7. I undertake to observe the precept to abstain from dancing, singing, listening and playing music, unseemly shows, Tele dramas, comedies,
8. I undertake to observe the precept to abstain from the use of garlands, perfumes scent, cosmetics and from things that trend to beautify, decorate and adorn the body of the person.
9. I undertake to observe the precept to abstain from high and luxuries seats (couches)
10. I undertake to observe the precept to abstain from accepting gold, silver and valuable cash. (These ten precepts can be observed one by one as ten precepts. When more than one which is unable to observed rest of the precept remains without damage)

### **Novice ten precepts**

1. I undertake to observe the precept to abstain from destroying the life of beings. (Should be avoid from buying, selling and eating fish and meat of the animal killed by the men for the tasting pleasure.

2. I undertake to observe the precept to abstain from things not given.
3. I undertake to observe the precept to abstain from unchastely. (including homosexual, polygamous, hetero sexual and bigamy - should be avoid from sexual misconduct even with the animal beings).
4. I undertake to observe the precept to abstain from false speech.
5. I undertake to observe the precept to abstain from Intoxicating drinks, molt liquors, wines, beer, and all types of alcohol and drugs.
6. I undertake to observe the precept to abstain from taking alms at an unseasonable time. (after 12 o'clock in noon, during the - pasting time-herbal drinks, conjee, gruel, different kinds of nutritious fluid, fruits and vegetable can be used for the pasting time when the condition of the body seems to be idle, pale or ill.
7. I undertake to observe the precept to abstain from dancing, singing, listening and playing music, unseemly shows, Tele dramas, comedies,
8. I undertake to observe the precept to abstain from the use of garlands, perfumes scent cosmetics and from things that tend to beautify, decorate and adorn the body of the person.
9. I undertake to observe the precept to abstain from high and luxuries seats (couches).
10. I undertake to observe the precept to abstain from accepting gold, silver and valuable cash. (All of these ten precepts are considered as one precept. Not as ten precepts. If monk unable to observes one or more

than one precept all of ten precepts automatically get damage and he becomes as an ordinary monk and he is unable to observe the higher ordination precept)

## **Appreciation of Buddhism**

*Although one may originally be attracted by its remoteness, one can appreciate the real value of Buddhism only when one judges it by the result it produces in one's own life from day to day.*

**Dr. Edward conze,  
A Western Buddhist Scholar**

### **3.2 THE FOUR NOBLE TRUTHS**

- 1. The sufferings.**
- 2. Cause for the sufferings.**
- 3. Relief from the sufferings.**
- 4. The way out of the sufferings. (Middle path)**

Only the wise can comprehend but deeply miscomprehended by the wordly people, the existence of the scientific biological nature of the world, the ultimate truth is the four Noble Truths. The science of the deepest spiritual existence, the faculty of the true scientific qualities, the sublime wisdom which is unable to apprehended by the unwise, profoundly unveiled by the greatest human being, He who ever lived in the long history of the human world is the supreme Buddha.

The worldly people are unable to realize the Ultimate Truths, the four Noble Truths, have to suffer utter hardships throughout the rebirth process of unhappy existences. As a result, lack of their comprehension about the four Noble Truths, all of them have to get rebirth as animal beings, ghost spirit so on. All of the well-educated and the eminent who with the comprehension of the four Noble Truths, followed the order of the middle path respectively, moral conduction, mindfulness and wisdom, subject them to be the supreme of the world. The worldly people always follow the way of three evil desires without comprehending the four Noble Truths are out of the middle path. They are actually active their day to day life only for the re-linking process of rebirth and redeath for the four unhappy destinations.

The consisted theory of the wisdom of the scientific qualities, the true existence process of the nature is the only scientific subject of the biological world than other subjects of the science. These categories profoundly are disclosed to the worldly people as the four Noble Truths by the supremely Enlightened One.

The true spiritual existence process completely exists and categorized in scientifically under the power of Electrostatics force. This is why the ordinary people unable to comprehend the scientific process of the existence of the living beings. This is the only relevant matter for the vision of illusion about the four Noble Truths. The constant sensual pleasure which is completely depend on the living standard of the human beings, satisfying the five organs of

the physical body by seeing, hearing, smelling, tasting, and contacting bodily feelings repeatedly without limitation.

This is the way of mundane that should be rejected and enter in to the middle path cause for fulfillment of the freedom. He who does not follow or comprehend the middle path unable to get rebirth again in the human world as a human but as an animal being or ghost spirits for the sake of suffering.

As the wise, scientists, intellectual, scholars and intelligent who are following the path of freedom to retire from the world, abandoning constant sense - desires and following the order of the middle path to be perfected one. No one can easy to retire from the world that they are living in, which situated on sorrow and pain, without following the middle path pointed out by the supreme Buddha. But they can make sure get rebirth in the animal- being existence or other forms of sorrowful existences. By praying gods, worshiping or chanting verses for invisible gods is the way of ignorance, because of their lack of comprehension about the four Noble Truths. If they believe these blind faith and policies unwisely, never make the way them to relief from the existence. If they wish to attain bless of liberation or ultimate pleasure, without following the middle path, it's only a dream that will never come true. This is the main relevant matter of suffering of the worldly people, including with the way out of sufferings which is taught to the world by the supreme Buddha.

## **Nothing to surpass Buddhism**

*Buddhist or not Buddhist, I have examined every one of the great religious systems of the world, and in none of them have I found anything to surpass, in beauty and comprehensiveness, the Noble Eightfold path and the four Noble Truths of the Buddha. I am content to shape my life according to that path.*

**Prof. Rhys Davids.**

### **3.2.1 The sufferings**

The spiritual qualities of the mind power of the Electrostatics and the physical body of the elements of the material are the cause for the effect of the constructive power of the mental power which is naturally qualified only responses for the sensual feelings. The spiritual qualities of the living beings formulated scientifically and Electrostatically cause for the scientific process of the nature of the mind power. The power of mind originates its qualities, the supreme power of Electrostatics force specified for the sensation of the different kinds of constructive power of component materials. The mental power, responses for the signs of component materials to grasp them under sense desires. This process of constructive power of component materials with the constructive power of mental power of the living beings react them each other within the power of Electrostatics. According to this invisible process of the constructive

power of mental that contacting with five signs, no one can easy to be comprehend and perceive. The miscomprehension of the spiritual qualities of the scientific process of the existence causes for the illusion of the unwise people to follow the range of suffering.

The mental power actives mainly for the pleasurable sensation for the five signs through the five organs of the physical body cause for the creation of the mentalformations which are the source of the process of rebirth. Every Electrostatic signs of component material contact with mental power as the feeling of pleasurable but some types of contact cause only for the unpleasurable sensation. All of the living beings usually try to follow only the sensual pleasure, cause for them to bear up too much suffering throughout their both this life time and thereafter.

Usually the mental power doesn't bear up torment, laments, unsatisfaction, depression, sorrow, pain, unhappy feeling, such as mental disorders because of its created nature doesn't response and active for the sorrowful sensation. So, all living beings try to put mind power only with the pleasurable feelings, preventing from the feelings of unsatisfactoriness, absolutely cause for the suffering throughout their entire life time, not only this birth but next births also.

With a view to finding the constant sensual pleasure, all of the living beings naturally have to suffer severe and strove hardship and difficulties mentally and physically because of the nature of the mind power that originally response

only for the sense desires. This is the main factor of the illusion cause for the miscomprehension of the true nature of the scientific qualities of the mind and mental power of the living beings. According to this scientific process of the spiritual qualities of the mind power, the humans are unwisely follow the illusion getting too much effort with maximum level by pleasing the mental feeling through physical contact. Every ordinary people obviously pay their attention only for the constant sensual pleasure, unceasingly by believing as they truly are fellow beings (self-vision), beings of gods (soul-vision) and as human beings (wrong-vision).

When the physical body contacts with the five signs of materials, mental power also contacts with them in the same time only for the pleasurable sensation. But people get opposite reaction for the unhappy sensations and get against with them. Constant sensual pleasure makes the way to the living being to establish sensual lust and aversion. Hatred depends on sensual pleasure and sensual pleasure depends on hatred. When both of these evil desires active together, cause for the illusion. When the unsatisfactory sensation contact with the mental power with five signs cause the living beings to develop hate, anger, harmfulness, violence, which may call defilement completely human against with human and other living beings too.

The suffering is the Noble Truth which common for all the human and other living being too, who has to suffer unwillingly. No one can defeat all of the sufferings which

are due to follow with them through the process of rebirth. All of the living being, human and animal have to get birth according to their mentalformations which are prepared mentally and categorized through illusion and craving in their previous births. The mentalformations formulated by using the constructive power of Electrostatics force, approved by the spiritual mental power caused by illusion of the ordinary people.

The mentalformations which are categorized unwisely and unawaresly without knowing the spiritual process of the living beings as they scientifically are cause for the power of their process of rebirth. This is the main cause for the living beings to get unknown birth after their death in unknown existence. This is the one and only greatest foolishness, lot of people of the world illusionary follow cause for their suffering. The death is one of another main cause for the suffering. Because of no one can determine and postpone the date and time of one's own death which is due to happen in unknown date and time.

All of the human and other living being have to get birth according to their mentalformations which have been formulated them through illusion and craving in their previous births cause for them to live limited period of life time between birth and death. The duration of the period of life time that determined by the law of the nature, the qualities of cause and effect. But neither any interference intermediated creation of the existence nor by the invisible gods or Brahman or so-called omnipotents who in the matter of creators of the world quite as believe as most of

unwise people known to history and have been handed down many who spoken and rumoured traditionally so-far even today who miscomprehended the scientific existence qualities of the nature.

These are the sufferings which all living beings have to suffer without necessary steps to take prevent from it. No one can easy to perceive the scientific qualities of the nature those who have overcome by lust and hatred under the power of ignorance. According to the scientific process of the mind power which is too much subtle to perceive and main source for the re-linking process of rebirth and cause for the ordinary people who unable to get rid of the existence easily. All of the living beings have to suffer too much suffering and hardship until they have to comprehend the four Noble Truths preached by the supremely Enlightened One.

No one of the unwise doesn't know why and what inevitable death follow them naturally and the things would be happened them in the next. It is impossible to prove them scientifically and accurately and unable to believe and comprehend them as they really are. This is the truth of the suffering, the ultimate reality of the world. All of the unwise people don't know how to make sure about the steps that they should follow behalf of their next existence after their death.

Even if the familiars are unsatisfactory all of the ordinary people have to trend to cling to them because they are all afraid of their unknown existences where all of them due to

go after their so-called death through the process of rebirth, older ageing, sickness, decaying and redeath.

All of the ordinary people don't know anything what would happened after their death caused by the illusion in the next new place of the existences where all of them destined to go leaving behind everything they loved and cherished. All of the unwise people who lack of comprehension of the four Noble Truths unable to decide their next births as they wish. They don't know the process of scientific existence how to formulate for their next births depending on merits and demerits which are collaborated through mentally and physically.

They are indeed unable to guess to make sure that their unknown next births where would have been either in the world of gods, world of Brahman, world of human or world of animal, world of evil-ghost, world of ghost spirit or hell. But, because the unwise people don't know how to rely on the process of scientific existence which are leading them to trap with re-linking process of suffering caused by their illusion. This is the truth of the world remaining yet without any answers and necessary treatments not available still to prevent from such these terrible of the suffering. This is the ultimate truth delivered to the world with the way that how to get free from it by the fully awakened one He who ever lived in the world, the supreme Buddha.

## **No fanaticism**

*Of Buddhism alone can it be affirmed it is free from all fanaticism. Its aim being to produce in every man a through internal transforming by self-conquest, how can it have recourse to might or money or even persuasion for effecting con-version? The Buddha has only shown the way to salvation, and it is left to each individual to decide for himself if he would follow it.*

**-Prof. Lakshmi Narasu  
“The Essence of Buddhism”**

### **3.2.2 The Reasons for the Sufferings**

Under the process of scientific qualities of the mind power, depending on the sense desires and the illusion cause for the existence, the process of rebirth. This is the way of existence process of mentalformations, the true scientific nature of the biological world through the process of rebirth. The scientific qualities regulated under the power of Electrostatics force cause for the spiritual Electrostatics process of the existence of the living beings. The mentalformations are the main cause for the process of rebirth, formulated by the illusion of the three evil desires of the ordinary people.

Everything of the existence of the world directly active and exist according to the law of the nature the scientific qualities of cause and effect. The process of existence with the power of Electrostatics force and the materials, are

reacting each other cause for all of the component things to formulate and to exit in the world as humans, animals and plants. The cause for the suffering completely depends on the illusion. The illusion completely depends on both sense-desires and hatred. The suffering is the effect of the cause of illusion. All of the unwise people depend on lack of their comprehension of the scientific qualities and its functions of the mind and mental power that categorized and survived under the power of spiritual Electrostatics force.

All the component materials such as human and animal based on with the component power of the mind and its constructive power of mental by depending on the power of spiritual Electrostatics force. The power of mind categorizes with the power of Electrostatics and its formation of spiritual Electrostatics process cause for the sensation of the contact of the body organs to follow the sensual pleasure cause for the preparation of spiritual Electrostatics component power as mentalformation in the mind power. This is why the ordinary usually live same standard of animal beings existence, trend to the same existence to get rebirth to be animal beings, after their death. The miscomprehension of the scientific qualities of the mind power and its constructive process are the main factor for the effect of suffering of the living beings caused by illusion.

All the living beings have to continue their existence of suffering until they comprehend the scientific knowledge, the true nature of the world, the wisdom of the four Noble

Truths. Unless they meet and follow the Noble path, all of the human beings have to follow the process of rebirth compulsorily. Those who relief from the illusion by following the wisdom of the doctrine about four Noble Truths in order to follow the Noble path, is the only important occasion of one's life time having benefit with success.

Through the illusion, all of the living beings prepaid the signs of component materials as mental factors cause for the basement of the process of rebirth. The scientific process of existence of the living beings the structure of the scientific qualities, fully based on for the process of rebirth. The scientific formation of the rebirth process are categorized under the power of spiritual Electrostatics as the result of ignorance, the illusion, believing them as fellow beings, as human beings and as beings of gods. Every substances and Electrostatics power based on, for the construction of all the component materials. All of the component materials of the world based on with the component power of Electrostatics. Without component power of Electrostatics, component things do not construct or exist. According to the scientific process of the world that all of the component material such as humans, animals and plants are formulated by the power of Electrostatics force under the law of cause and effect.

Reason for the sufferings completely depends on three types of craving of the selfishness, is the basement of the ordinary process of the living being. They are,

1. Craving for self-sensuous feeling, depends on by following constant sensual pleasure - Sensuous lust and sensual craving satisfying the senses- (illusion).
2. Craving for self-Annihilation, depends on without believing becoming of rebirth process. Craving for desires, prosperity and worldliness of personality. (Self – vision)
3. Craving for self-existence depends on by believing becoming of rebirth process. Craving for immortality. (soul vision)

Three types of cravings as referred to above trend all of the ordinary people to get rebirth in unhappy destination, such as animal beings, ghost spirits, evil ghost and hell. Depending on worldly process of sensual pleasures, ill - will, sloth and torpor, restlessness, doubt, make the way for all the living beings directing to the routine of unhappy existence. All of these evil deeds lead the ordinary into the three visions of existing codes of self-vision, soul-vision and wrong-vision. Three types of cravings, referred to above depend on and lead their scientific qualities to the ordinary people to reach to the trap of illusion.

Without comprehending the true scientific process of living beings, the code of ordinary, following lust, defilement, demerits subject to cheat them as fellow being, as beings of gods, and as human beings. As a result of illusion, ordinary people have to use the component materials as they pleasurable, admirable, preciously and

valuable are cause for the three types of cravings that have to follow.

The structure of all the component materials such as animal, human and plants completely sustained with the component power of Electrostatics. The main basement of the existence the order of the world formulated under the structure of the component power of Electrostatics force cause for every component material exists a limited duration of time, during the process of birth and death. The formation of appearance and disappearance of the component materials of the living beings, based on for all the component structure are not permanent or constant but temporary of its own origin, are always changeable and moveable, cause for decaying and death. All the component materials are based on fragility and its transitory nature of the existence. The different kinds of component power of the Electrostatics force cause for the different kinds of component materials of the world, such as human, animal and plants. The entire characteristics of the existence process as referred to above completely are revealed to the ordinary world by the Enlightened One, the supreme Buddha, by indicating the Noble path, the spiritual way to get relief from the temporary existence, situated on only with sorrow and pain.

### **3.2.3 The relief from the suffering**

The fundamentals of the way for relief from the suffering of the spiritual process of the repeating births of the living beings indeed subtle and difficult to perceive. All those

who wish to attain liberation, first have to comprehend the process of spiritual qualities of the mind, and its constructive power of mental how to construct and exist. The cessation process of the existence of the living beings should be opposite to the way of the process of existence of the suffering. The illusion, causes for the desire and hatred, make the way for the existence of the suffering. The wisdom, causes for the moral conduction with mindfulness make the way to the extinction of the suffering. The illusion, the miscomprehension of the scientific process of the existence causes for the three visions of the ordinary people depending on constructive power of mental. The mental factors that prepared by the worldly codes of illusion lead to the process of rebirth of the living being.

The way for relief from the three evil desires is the way for the relief from the mind. In these matters, one who should comprehend the ordinary way of existence controlled by the cause and effect qualities categorized under the constructive power of spiritual power of the mentality. The component power of spiritual Electrostatics force completely exists its own origin temporary. The component Electrostatics force is the basement of all the component materials that due to exist its own existence temporarily. The spiritual qualities of the component Electrostatic power of the mentalformations cause for the construction of the component materials are due to decaying and death.

The process of liberation, the way of detachment and getting rid of illusion, depends on by abandoning, by rejecting by detaching, by eradicating, and not addicting to the sense desires, make the way of the mind free from mental factors, relief from the mentalformations, reminding and contemplating all of the component materials as they truly are. The impermanence and transitory nature of the physicalformations as same as mentalformations of the living beings, which are trend to suffer the sufferings mentally and physically in the process of rebirth. In these matters those who willing to fulfill the final success should follow all of the moral conduction including thirteen (13) ascetic rules of purification practices by entering into the monk hood. In the same way purification of one's own mind entirely deal with the development of four ecstasies the forms of fine material aspire (astral world - invisible existences) and the four ecstasies of formless of boundless aspire. These eight ecstasies should be developed to purify the mind for the process of cessation the contact of the physicalformations and the spiritual contact of the mentalformations.

### **3.2.4 The way out of sufferings**

The path leading to the cessation of sorrow-pain condition of the mental and physicalformations, the liberation of the spiritual qualities of mind power is the way out of sufferings, the only spiritual path of the world is Eight-fold path achieved by eradicating all forms of attachment of the constant sensual pleasure caused by ignorance.

Those who must comprehend the true nature of the scientific existence of the biological world by following the right vision, the scientific properties of the existence how to prepare the mentalformations, cause for repeating the births. The pragmatic way of comprehension of the spiritual qualities of the scientific process of the mentalformations, categorized and cause for the re-linking properties of the existence of the spiritual process under power of three visions. All those who are wise willing to get free from the sufferings should analyze and comprehend the doctrine, the Eternal truths, the four Noble Truths, in which completely subjected only to the wise but not to the unwise. The supreme Buddha who advocated the wise to tread the path of spiritual attainment that should be invariably followed He has indicated. The Eight Fold path the path of spiritual for the freedom from the suffering consist eight steps that should be followed individually leading to the Enlightenment.

### **1.The Right Vision**

According to the knowledge of right vision gained by the listening the doctrine of the four Noble Truths of the wisdom, the leading path to comprehend the fragility of life and its transitory nature how to evaluate for the scientific existence of the world. Three characteristics of the existence which is trend the human and all other living beings that have to continue the limitless, sorrowful existence by their way of illusion. According to the right vision, only the wise can follow successfully and achieving

the final result according to the path progress and fruitions is the first step of the Eight Noble path.

## **2.The Right Conception**

According to the right vision, the fundamentals of the root-condition of the spiritual process of the living beings formulated for the qualities of rebirth, redeath, decaying directing to the way of spiritual comprehension cause for abandon the process of sufferings. According to the spiritual comprehension of the living process, one can develop the right conception to cultivate the wholesome actions abandoning three evil desires, leading path towards all of the beings to cultivate compassion of boundless heart behalf of loving kindness for the benefits of generosity and equanimity for the path of righteousness. This is the second step of the Eight-Fold path, by developing the meritorious activities, by eradicating all types of demerits, which are too much harmful them and others too. For this matter, all should cultivate the three types of merits, donation, moral conduction, and meditation leading path to the boundless compassion towards all of the living beings.

## **3.The Right Speech**

As a result of above right conception, makes the access to develop the spiritual process under self-control, by thinking, by speaking, and by acting in their day to day life. This step completely deals with refraining from the speech which is depends on falsehood, slandering, harsh words

and frivolous talks because speech is one of the main source of the spiritual process for the power of rebirth. This is the way of right speech, the third step of Eight-Fold path.

#### **4.The Right Conduction**

Developing the meritorious behavior cause for the worldly people for the access of their right conduction, by depending on moral conduction, the five and ten precepts the fourth step of Eight-Fold path. Those who wish to become a monk, he should follow novice Ten precepts high ordain precepts in four- fold, and try to abide by and practice the ascetic rules of purification practice at the best of their effort leading them to the right conduction.

#### **5.The Right Livelihood**

All of these above steps lead the people into the right livelihood, the fifth step of Eight-Fold path. The worldly people should follow the five precepts permanently in their day today life. The monk should follow novice ten precepts and high ordain precepts including thirteen ascetic rules of purification practices permanently in their day to day life, leading to the right livelihood directing way to the liberation.

#### **6.The Right Efforteness**

The Noble path is fully opened only for the wise those who wish and try to approach to the goal of liberation. They can achieve the success of liberation with too much

effortlessly. Those who are on the way of liberation have to get much courage to fulfill the orders of the path for development of the spiritual process, both mentally and physically. All of them always should develop awareness both physically and mentally. Mental and physical actions should be developed under control of moral conduction with right vision. The ordinary should be aware of this process, if they wish to get free from their existence without making the way for the process of rebirth. Right effortness should be dealt within the path of liberation to attain fruitful benefits for the freedom. Those who with irrepressible diligence of the mind that making the way them to achieve the final goal which is very important factor for those who wish to follow the Noble path. To relief from the spiritual process of the mental formations which are directly attach with the physical formations cause for the relief from the suffering. The physical formations directly attach with the mental formations make the way to the existence process of the living being through the cycle of rebirth. The coordination process between mental formations and physical formations cause for the constructive power under process of cause and effect that are the basement for the three evil desires and three visions.

The human and all other living beings usually try to active their mental formations with the contact of the physical formations, behalf of their physical activities in sake of their living style. According to this process of the living method, all living beings have to active their mental formations, the mental factors to maintain, control

and continue the living span. This is the ordinary way of living method of all the living beings between mental and physical combination. Right effortness should be deal with to turn the way of mundane into the way of supra-mundane. Right effortness deal with the steps of ecstasies, the Eight concentration condition which are based on for the supernatural properties of the mental power cause for the sensitiveness to the world of Gods and world of “Brahmans” and other spiritual existence such as demy Ghost and Ghost spirits. This is the sixth step of Noble Eight-Fold path all should try to study behalf of their liberation. The highest result of human kind is the Arahantthood that can be achieved only by a high level of confidence and effort. Those who are on the step of right effortness completely depend on developing the eight ecstasies (the highest sensitiveness of mental feeling of the entire existence qualities of the world and universe) According to this step everyone who hard strive for developing the concentration power of the mind is necessary perfection that has to be adapted.

## **7.The Right Awareness**

The seventh step of Eight Noble path completely depend on the constant awareness of the mental power. Awareness of mindfulness depend on for the alertness of the mind called “*Sathipattana*” The analyzations of the scientific process of the mental and physicalformation of the living beings through scientific research of the insight meditation the establishment of the awareness of the mindfulness about

the true existence of all the conditional things as they are composed with three characteristics, impermanency, sorrow and soullessness. This is the only way of comprehension of all the component materials as they truly are.

## **8.The Right Mindfulness**

By getting free from mental formations of the mind power without addicting and contemplating to the mental factors by abandoning past and future memories, making the way to the present moment to establish the bare attention of the mind through the insight meditation. This is the right mindfulness of the eighth step of the Eight Noble path.

The path leading to the liberation of the mind is the cessation of the sufferings, only the wise can follow and comprehend, by eradicating all types of evil actions, caused by deeds, words and thoughts in physically and mentally. This is the only supreme qualities of the humanity and advanced way of Noble, which is due to approach to the success of liberation from the existence pointed out by the supreme Buddha to the ordinary people.

The wise who have followed the Noble Eight-Fold path successfully obtaining the comprehension, the true nature of the existence the scientific principles for the basement of the existence, completely based on for the sufferings of all the created things of the world such as human, animal and plants.

One's personal experiences through the Eight-Fold path, which are close relationship with true scientific process of the nature that completely depend on with suffering caused by soullessness and impermanence characteristics of the existence. All the conditional things which are exist due to the scientific orders of the existence regulated under the power of Electrostatics force cause for the existence qualities of all the component materials caused by covetousness, ill-will and three visions. The path of illusion of the existence that leads to the ordinary people to get rebirth in the unhappy destination after their so -called death. Believing one's self as a fellow being, as a human being and as a being of God are the main matters for the miscomprehension of the conditional things subjected to the sensual pleasure cause for aggregating the mentalformations that trend to the process of suffering.

All those who wish to follow and comprehend the way of Noble, approaching to the goal of liberation by perfecting the tactics of the Noble path through mentally and physically for the sake of freedom of the mind. Releasing from the three evil desires and three visions and attaining to the right vision, as the path progress of the scientific knowledge is the wisdom. The scientific process of existence of the living beings are the spiritual qualities of the true nature subject to the ordinary people to follow the worldly process, completely conditioned for the sufferings.

According to the above spiritual process of human beings, they have to prepare the spiritual qualities of five

aggregates, the mental formations which are based on for the self-vision, soul-vision, and wrong-vision. These three visions directly lead the ordinary human beings believing of their five aggregate, the spiritual qualities of the mental formations under the power of spiritual Electrostatics force, conceived them as fellow beings- self vision, as beings of god- soul vision and as human beings - wrong vision.

The way of ignorance, the ordinary usually follow and accept, believing of component things as properties of their living codes, all of them have to get rebirth as animal beings or other form of beings in unhappy destination.

The worldly codes, subject to mislead the unwise for the illusion of the constructive effect of their components basement which is included with four substances situated on Electrostatics force. According to this constructive process the cause of the existence makes the access to the unwise people to follow the illusion. This is the matter for the worldly people who are on the way of worldly process unable to get rid of the existence. Having comprehension of wisdom about four Noble Truths the wise are success to comprehend the true scientific phenomenal of the existence process, as they truly are that situated absolutely on sufferings.

- \* The greatest path of the world which is followed by the wise but left behind by the unwise is the Eight Noble Path.
- \* The greatest Truth of the world which is followed and

comprehended by the wise but left behind by the unwise is the Four Noble Truth.

- \* The greatest and valuable subject of the spiritual qualities of the existence of the world which should be practiced and developed by the wise but left behind by the unwise is detachment of mental and physical contact.
- \* The greatest comprehension of the scientific existence of the world gained by the wise but left behind by the unwise is fully awakened of spiritual authenticity, the Enlightenment.

The worldly codes, the ordinary, usually follow and accept, without being comprehend about all the conditioned things, as they depend on transient, sorrowful and soullessness condition that maintained and governed under the process of rebirth and redeath. When analyze the fundamentals of all the created things according to the insight comprehension which are constructed and categorized within only the three elements of solid, liquid, Electrostatics power and gas as physicalformations and mentalformations as the power of spiritual Electrostatics force. There are no any permanent effects of living beings but only the effect of the component power of five aggregates the five signs of component materials. There are not permanent effects as the beings of gods but only the temporary effect of non-living existence and without permanent ego or eternal soul.

All of these above believings depend on the constructive power of all the component materials which are dealing with scientific qualities and the formations of Electrostatics

force. These aggregate qualities of the living beings, the component codes of preparation are cheated them truly as mentalformations and physicalformations, bound them and active as a result of constructive power cause for the worldly process, the illusion. All of these preparations the mentalformations and the physicalformations are categorized between five organs with five signs of component materials by contacting them each other, under power of illusion with sense desires. The remaining essence of sense desires are approved and prepared as the mentalformations, the stem as the seeds of the spiritual qualities of the living beings which is trend to get rebirth.

The spiritual qualities of Electrostatics force of the mentalformations, the spiritual mental power with five signs of component materials completely under go with the illusion with a view to categorize five aggregates as mentalformations, the order of the existence qualities causes for the results of (effect) physicalformations of the sufferings. All of the living beings depend on them each other unwisely and continue the existence of their life cycle limitless period of existence to suffer the sufferings.

According to the scientific process of existence, all of the human and animal inevitably undergo to the spiritual process of five aggregates to formulate its power of rebirth of spiritual Electrostatics force through illusion and craving. In these respects, the six object figurations of all of the living beings (eye, ear, nose, tongue, body skin and mental power) and six subject figurations of all of the component materials (form, sound, smell, Taste, physical

contact and mental contact) caused by physical contact with mental contact for the preparation of the mentalformations, the five aggregates the spiritual effect of the power units of the living beings, the source of the spiritual Electrostatics force cause for the existence process of rebirth.

The preparation functions of the mental-formations active scientifically and according to the contact of the signs with physical organs as five aggregates in order to exist the illusion with cravings. Five aggregates the five groups of Electrostatics force of clinging objects prepare as follow.

1. Figuration form of matter, the corporeality group, the form of subject, signs of component materials. (form of color, sound, smell, taste, physical contact)
2. The feeling group (mental feeling of five signs of component materials)
3. The perception group, the form of subject (grasped Electrostatics signs by the mental power)
4. The mentalformation group, the preparation, (the grasped signs of Electrostatics power through the craving and illusion)
5. The consciousness group – mentalformations, this is the final result of the mental contact, preparing process of mentalformations trend to the process of rebirth completely are categorized by the constructive effect of the supreme power of Electrostatics power as spiritual Electrostatics force for the process of rebirth.

According to this process, the power of mental the qualities of the mentalformations cause for the illusion through the craving for the miscomprehension for the people, believing them and following there visions as real personality as real in ultimate pleasure and real ego- entity. But all of these visions only for mere illusion leading only to the suffering.

All of these above scientific characteristics of mind power, the cause for the effect of the suffering of the mentalformations cause for the existence of the living beings as an effect. These five aggregates are the source, the process of rebirth of the living beings, human and animal. Those who follow above scientific comprehension, leading them to realize the true scientific nature of the spiritual existences as they indeed are situated on sorrow and pain.

The four Noble truth of the Ultimate truth is the true scientific nature of the existence cause for the wise for their cessation of suffering. The worldly process, the illusion of the ordinary people usually practice is the Conventional truth, cause for the ordinary people to exist the limitless rebirth process throughout the 31 planes of existences.

The wise who obtain the power of purity of vision in order to understand the worldly process that circulating only around the sufferings, but out of the pleasure. Pleasurable condition always active temporarily as long as mental attachment contact with the mentalformation which is grasped through illusion and craving. The mental effortness is fore - runner in this matter to follow the mental

feeling with the objects that subject to the feelings to the mentality. So feeling mentality always depends on the effortness of the mental contact. When the mental feelings disappear physical contact to the objects also automatically are disappeared. In these matters, feeling mentality of the living beings is main factor for the process of sufferings.

### **Practice of wisdom and compassion**

*It seemed that the kindly aesthetic, eternally young, seated cross - legged on the lotus of purity with his right hand raised in admonition, answered in these two words; “If you wish to escape from suffering from fear, practice wisdom and compassion.”*

**Anatole France**

### **3.3 THE PROCESS OF LIBERATION**

Those who have analyzed and comprehended the true nature depending on subtle, scientific process, without being sensitive to the five organs make the access them to be enlightened which is too much difficult to detect and perceive by the ordinary people. One who has followed the middle path accurately and effortlessly that leads to the process of liberation, cause for the result of the knowledge of supra-mundane, insight power of purity of vision. One who has become the first stage of sainthood called him the stream winner he who destroyed the main three fetters of demerits that caused by illusion.

They are: -

1. **Individualism** (personality-belief) - Self vision - Believing of self as a person without understanding the cause and effect theory which is the foundation for the spiritual qualities of the “self”.
  - **Fellow being-** By believing self as a true person or true fellow, is the illusion about scientific process of the world, the cause and effect theory which is governed the existence of the nature and believe themselves as the true existence of the self. By following the misconception of the scientific existence makes the way them to be out of Noble path and cheated them to follow the way of mundane for the suffering.
2. Second fetter of demerits, they are skeptical doubts about,
  - I. The supreme Buddha.

- II. The doctrine of four Noble truths.
  - III. The refugee who are on the way of Eight-fold path by following supreme moral conduction.
  - IV. The disciplinary codes of Noble moral conduction
  - V. Previous births (the past lives).
  - VI. Future births (next births)
  - VII. Both past and future births in existences.
  - VIII. Doubt about depending origination.  
(scientific spiritual process of cause and effect theory)
3. Believing and reception of addiction of wrongful rules and ritual, religion, ceremonies cause for the torment.

By eradicating above three fetters of demerits make the way to the wise for the wisdom, purity of vision, right vision, becoming the stage of stream winner the first stage of sainthood. As he destines to enlightenment, reborn is limited to seven births in happy destinations at the utmost. As a result of his personal experience consist of eight (08) supra-mundane knowledge about the way of Eight Noble Path, the right vision, path - progress and knowledge about the experiences, the fruitions of Eight Noble path, followed by him.

The Supra-mundane knowledge obtained by him as the results of experience of Noble path- progress and the purification by knowledge obtained as the experience, the fruition of the Noble path followed by him. These two Supra-mundane comprehensions consist of spiritual knowledge about Noble path and its experience. This is the

first result of the wise, who completed the Eight Noble path successfully. These two Supra-mundane knowledge consist of eight supreme purity of vision of knowledge about the scientific spiritual properties of the living beings, namely insight knowledge based on Supra-mundane understanding of wisdom, basic realization of Supra-mundane wisdom by entering into the first stage the process of liberation the sainthood, destined to be enlightenment one, not to be subject to get rebirth in unhappy destination furthermore.

Purification gained by the insight knowledge and vision of the path - progress and fruitions are the insight perfected in nine kinds of purification of vision.

### **1. The spiritual knowledge consisting in contemplation of rise and fall (birth and death-appearance and disappearance)**

After becoming the first stage of liberation of the mind he who became into the process of liberation with supreme insight vision from all of the conditional things, which are arising and passing away, existing the impermanence nature of all the conditional material such as animal, human and plants. He is now more impressed about meditative observation of the three characteristics of existences as impermanence, suffering and non - self in one's own bodily and all other component materials of the world. The three characteristics referred to above will not become fully clear in their true nature as they are. Only when the mind is free from these imperfections can the three qualities of the

nature be observed clearly as they scientifically are.

## **2. In contemplation of dissolution**

According to the scientific qualities of experience about appearing and disappearing of component materials, process of birth and death, he can easily comprehend the conditional things which are subjected as they are destined to dissolute and these formations will become clearly prominent. According to this Noble knowledge gained by abandoning the belief in eternal existence eradicating the attachment to life, constant right application to the meditative process, a purified livelihood, overcoming of anxiety, absence of fear, acquisition of forbearance and gentleness, conquest of discontent and sensual delight. As a result of this process the person gets only the suffering from all of the component materials which are bound to them lovely, desirably and affectionately. Therefore, now he can pay correct understanding about them as they are indeed subjected to decaying and death, destroyed, departed and separation, directing, toward the suffering.

## **3. In awareness of terror**

Under the knowledge, scientific process of the existence indeed causes for dissolution and the things fearful, reason for untimely shocks, pressures, grief and dissatisfactions of mental pressures all which destine to face. This is the true understanding of all the conditional things that one should pay his deepest attentions to become a Noble one. According to this knowledge consisting in

awareness of terror is the seeing of terror in the conditions as well as the continuity of existence. By considering the physical formations and mental formations as impermanent, to him the conditions of existence appear as terror, as driving towards death and he considers all the formations not only mental but also physical as misery, to him the continuity of existences appears as terror, as something oppressive as a mirage.

#### **4. In the desire for deliverance**

Those who analyzed and comprehended the true nature which is depending on scientific process of the Electrostatics cause for the results of the unmethodical condition of the conditional things which are subject to the ordinary people usually follow for the sensual pleasure. They should determine to detach from all the component materials of the world. Because of all of them indeed cause for disgust. The grasped mental factors, the mental formations, completely composed, with disgusted qualities of the worldly existence, through three evil desires, caused by illusion. According to this knowledge consisting in the desires for deliverance means the desires for freedom and escape from all the formation of the material such as animal and human living beings.

#### **5. In contemplation of misery**

All of the unseen result of the constructive power, the invisible process of the scientific qualities of the mental formations depend on the effect of spiritual Electrostatics

force, cause for the physical formations conditioned by the elements of the materials and the power of spiritual Electrostatics force for animal and humans, completely subject to the living beings to bear up decaying, death expire, dissolution following disgust and dissatisfactions, grief and sorrow, pain. All the conditional things that sustain with its own characteristics are the properties of fragility and transiency that never can be admired or accepted by the wise those who have become the first step of sainthood the stream winner attaining the first Supramundane knowledge the purity of visions.

According to this knowledge this is another aspect of the awareness of terror. The origin of the existence is terror. Its continuance is terror, arising is the suffering such understanding in the awareness of terror is the knowledge of misery. “Non - arising is bliss” this is the knowledge of the peaceful state that is the no- more-arising is safety is happiness is the liberation.

## **6. In equanimity regarding all formations of existence**

Having the knowledge of true existence, the world as it really is, the Noble one neither follow attachment nor aversion for all of the conditional things of the worldly process anymore and consider all of them are not suitable to grasp for mental formations which are cause for the process of rebirth. Then he can pay his deepest attention for all of the material things without desire and hate, as they are indeed situated on sorrow and pain.

According to this knowledge, by applying three

characteristics of true nature to them sees them as void, abandons both terror and delight and becomes indifferent and equanimous with regard to all formations, he neither takes them as I nor as mine or as my or as me.

## **7. In contemplation of aversion**

The ordinary people usually accept and follow the process of sensual pleasure from the conditional things as same as animals illusionary and unwisely without understanding the different forms of their characteristics the way things really are, which are caused for the constant sensual pleasure, common for human and animal being both, owing to make the way for the sufferings. But Noble one through the purity of vision indeed never wish or cheat to follow or admire or accept these conditional things as pleasurable or admirable, but cause for disgust, and dissolution. They try to reject them by abandoning all of them, through the insight knowledge of wisdom. Now he is aware of terror has come into use, received the name of contemplation of misery for all the conditional things of the world.

## **8. In reflecting contemplation**

The wise who became the first step of liberation with Supra-mundane knowledge, the sainthood, the Noble Holy one, determined to follow and complete the process of Eight Fold path furthermore, by observing constant supreme moral conduction of ascetic rules of purification practices, regularly. Now he has become with full

awareness of true existence as they really are, about the human, animal and plants, completely leading the way for the conditions of impermanency and sorrowful existence throughout the living period. Getting pleasure from the mental and physical formations cause for them to believe them as living beings due to lack of their comprehension of the true existences of the world about the Four Noble Truths. According to this knowledge the repeated meditative discernment of the formations of existence, attributing to them referred to above three qualities of the nature, with the desires to find deliverance from all of the component materials of the world.

## **9. In adaptation to truth**

By considering all of above characteristics of the conditional things which subjected for the suffering, the Noble one who got success for entering into the stream of liberation of the first step of sainthood, never care about anything of the world including himself too, as permanent and valuable assets.

Having the spiritual power of supra-mundane knowledge, the basic and fundamental of the comprehension of wisdom, he has entered into the right direction of Eight-Fold path and with the correct vision about others and himself too. As a Noble one his object that directs him to follow and understand how to arrange them and the step which should be taken to follow furthermore to the ultimate goal. Now he has to develop complete equanimity and reasonable character for the sainthood comparing with all

other ordinary people. He is no more in the obligation of worlding in a process of existence, but as a Noble one with the qualities of spirituality of Supra-mundane knowledge of purity of vision as regarded knowledge of spiritual progress for liberation.

**Wisdom is the sword and ignorance is the enemy**

*Not a single page of Buddhist history has ever been lurid with the light of inquisitorial fires, or darkened with the smoke of heretic or heathen cities ablaze or red with blood of the guiltless victims of religious hatred. Buddhism wields only one sword, the sword of wisdom, and recognizes only one enemy- ignorance. This is the testimony of history, and is not to be gainsaid.*

**Prof. Bapat  
“2500 years of Buddhism”**

### **3.4 THE STEPS OF LIBERATION**

#### **3.4.1 Stream Winner**

The sainthood of first step gained by abandoning three fetters of demerits through the constant confidence of Buddha and doctrine of four Noble Truths and disciplinary codes of moral conduction of monkhood. He is no more violates any of the precepts which are specified for the Eight Fold Path pointed out by the Lord Buddha. He has due to observe all the codes of moral conduction through the process of liberation. Then he is no more gets births in unhappy destinations reborn is limited to seven births in happy destinations at the utmost, and he destines for the bliss of freedom, the Enlightenment. He is due to follow three steps of sainthood furthermore to be an Arahant by following Eight-Fold path.

#### **3.4.2 Once Returner**

Now spiritual progress for liberation gets more rapid towards the Eight Fold Path, the perfection of the purity of vision, developing Supra-mundane knowledge by eradicating other two fetters of immoral, sense desires and ill-will (aversion). Now he is in the second step of liberation process called Once Returner.

All the Noble ones from 1<sup>st</sup> step of their sainthood usually follow moral conduction, the thirteen (13) ascetic rules of

purification practices permanently at the best of their effort till the end of their life time. Once returner who has to weaken the remaining powerful fetters of demerits, namely sense desires and aversion. If he is unable to gain the final goal in this birth itself, has to come only once to the human realm. He is obviously due to obtain enlightenment in due short period of time, by following next two steps of sainthood through the Eight-Fold path furthermore.

### **3.4.3 Never Returner**

Third step of sainthood of the Never Returner due to never return to this human realm subject to eradicate total amount of three evil desires at the best of his effort by following the Noble path deeply with thirteen ascetic rules of purification practices.

This Noble saint neither rebirth in this world nor born in the celestial world, because he has destroyed the total amount of desires, hate, and illusion during his past personal experiences in the Noble path, which are obtained through the experience of the 1<sup>st</sup> step of stream winner and the experience of Once Returner. He has no power of rebirth in celestial world furthermore. If he is unable to attain the Arahant hood before his passing away in this life time itself, will have to reborn in pure Abodes (five numbers of planes of Brahma). There he will attain final goal of the Arahant hood and lives till the end of his final spiritual life.

The Noble saint, the Never Returner who leads celibate life by following the thirteen precepts of ascetic rules of

purification practices, ready to make the progress of final goal by destroying the remaining five fetters of demerits. He has to follow one step of sainthood to become to the Arahanthhood.

Remaining five fetters are,

1. Attachment to realms of form (form of Brahma world)
2. Attachment to realms of formless (formless of Brahman world)
3. Pride (Admiring of self-too much pride in oneself or one's abilities)
4. Restlessness
5. Illusion (Ignorance-unwise, mundane, worldly, laity, ordinary, mad, folly, foolish, lay-folk)

### **3.4.4 Enlightened One - Arahanthhood**

By abandoning all the above five fetters of demerits, the Never Returner attains the final goal of sainthood, the Arahanthhood.

The Noble one the Never Returner, who attained the Arahanthhood, subjected to terminate the process of rebirth. He is a worthy one, who, destroyed all of the seeds of rebirth which are cause for the power of reproduction, will attain the final success of liberation of the existence, due to lead him to the sorrowful existence that had to followed heavy burden throughout the life. By crushing of conceit the stilling of thirst the uprooting of clinging the breaking through the round of rebirths, the cessation of

craving, cause for the extinction of the suffering. The comprehension of wisdom causes for the liberation that attained himself that leading him to retire from the world based on suffering with fragility of life and its nature of origin due to impermanence and transitory of their existence.

The Arahant hood completely depends on and exists according to following Noble spiritual phenomenal of,

1. Mind and body always active through the Insight power of meditation, through actions, speech and thoughts.
2. By following the contact of all the component materials under power of equanimity without sense desires and aversion.
3. Results of all the contacts of the body organs lead the mind to be the condition of emptiness that refrain from memories which are grasped in the past, present and future through illusion.
4. The physical body and mental power active always consciousnessly in the present moment of the mental power, the awareness with present mental actions which are going on.
5. The mind and mental power exist with emptiness condition under power of awareness of mindfulness contemplating all of the material things as they really are impermanence and fragility of their life and origin of the nature living in.

According to the Noble conditions as referred to above the **ARAHANTH HOOD** – The final achievement, the liberation of the mind of the wise who had to suffered much mental and physical pressures throughout the sorrowful existence before come in to the holy life.

Those who wish to follow or accept the religion, should follow and understand the Buddhism which is visible to perceive and detect through insight comprehension. Every religion should not depend on ignorance, superstition or believing. All of the religion should be based on with true and visible qualities not on superstitions and mythical fables. But acceptable and true nature with visible properties of the world is too much difficult to follow and understand. That is why the wisdom, the scientific true nature of the world which is delivered to the world as four Noble Truths by the supreme Buddha is too much subtle and profound to understand by the worldly people of the world.

Every religion should depend on true and visible properties which are based on with true scientific fundamentals. Most of the religions of the world are built up with invisible fables, superstitions, mythological disguises which are unable to believe and prove them scientifically. But the Buddhism is the only religion without any superstition and believing comparing with all other religions of the world, depending on only true scientific visible qualities of the existence that are common for all the human and animal living beings worldwide within the scientific laws according to the nature of the existence.

*“Don't follow the ways of invisible,  
but the way of wisdom,  
Be the supreme of the world.”*

**“MAY ALL BLESS OF LIBERATION  
TO BE HAPPY”**

**- END -**

## BUDDHISM A WORLD RELIGION

The Buddhism by the year 2050 or so, will be the most accepted and acclaimed religion in the world and it will be the only religion that will survive, the scientist cannot hammer it down or destroy it.

It appears it will be so from the recent happenings of antagonism displayed against Buddhism and even towards the Venerable Maha Sangha. It is a common saying that stones are pelted at fruit bearing trees and not barren ones. Twisting of arms and kicking cannot in anyway stop the forward march of the Divine Power.

According to the laws of nature, all wrong doers will lament in repentance, in this life and thereafter.

Enlightenment as referred to in Buddhism, gives clairvoyant powers to those spiritually developed, to see at will, any part of the Physical World that we are living in. With the progress of science today any layman sees the physical world with the help of a TV camera and screen.

Apart from this physical world, Buddhism speaks of numerous other worlds visible only to those with clairvoyant powers, but unseen by the human eye or any TV camera so far available today. With the rapid growth of scientific research, in the years to come a camera or a device will be produced that can view the unseen worlds such as the Astral World where most of us go, after so-called death. Then there is the mental world and other worlds at higher levels for those possessing merit or good Karma, and also for those who have gained spiritual advancement by meditation during their life on earth. There are 'Apayas' and 'Nirayas' for wrong doers of various degrees. All these could one day be viewed.

The day the great phenomenon taken place when the laymen can see on a TV screen the unseen worlds referred to above, the Truth of the Buddha - World will be clear to one and all. Thus Buddhism will nourish and conquer the world as a World Religion.

Sir. Arthur C. Clarke.  
(Science Writer, Futurist, Inventor)  
"The Deep Sea"  
"The Deep Range"

